

Washington Alpine Club | Bulletin

October 2013 | Volume 98, Issue 8



Washington Alpine Club

P.O. Box 352
Seattle, WA 98111

www.wacweb.org

The Bulletin is 100% online

This format allows us to offer photos, color, more timely content, and saves a lot of paper and trees. For those without email, with dial up connections, or with incompatible software we will continue to mail the Bulletin.

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Risk Management Committee by Joanna Hingle



Self-rescue class in the Intermediate Class - Will Kruse

As you may or may not have heard, the WAC created a Risk Management Committee back in March to help us confront and mitigate the risks inherent in the activities we love to do. The RMC's mission is to support, review, and provide oversight to the risk management planning, implementation, and performance of WAC programs and activities to maintain program and operational safety. Our intent is to provide a system of checks and balances to effectively prevent and respond to incidents of risk while sharing responsibility, thus promoting an organizational awareness and culture of safety in the WAC.

It has been a busy few months for research and planning in the RMC, and you may notice some changes both big and small as we strive towards creating tools for and encouraging a culture supporting increased safety. We've started with embracing the things we already do well, such as our Emergency Response Plans and the WAC Way, and added processes where we needed to improve. You may have already seen increased diligence about making sure we have relevant medical information

about all parties on a trip so that they can be properly cared for in the event something goes sideways. The Incident Report Form that was created (and diligently filled out by instructors!) has already given us a look into the medical incidents, injuries, and near-misses we see as a group. We're doing well, but will of course look to improve in coming years. (One tip: avoid being under or creating rockfall!) You can see the full report on the RMC's website, listed below.

In the coming months, we'll be looking for ideas, support, and occasionally organizational effort on several undertakings. All of these are first and foremost useful ways to keep us safe, but secondarily they are necessary to for our biggest initiative: to obtain insurance to protect those involved in the WAC-sponsored classes. Some of the things we'll be looking to further develop include required first aid training for instructors, WFR or higher first aid trained instructor on all class outings, regular equipment tracking and maintenance, a formal crisis management plan, and an overdue trip procedure. If you're looking for

WAC Information

Calendar

OCTOBER	
October 15	CPR/AED Class
October 20	Open House/Potluck Lunch/Annual Members Meeting
NOVEMBER	
November 1-3	Wilderness First Responder Class
DECEMBER	
December 14	New Snow Dinner (Ski Season Kickoff)

Is Your Contact Info Current?

You can check these things on the Washington Alpine Club website: www.wacweb.org. If your mailing address or email address changes please let us know!

Moving?

Send change of address forms to:
Washington Alpine Club
PO Box 352
Seattle, WA 98111
Or email Dave Mitchell at:
dtmitch@mindspring.com

New Email Address?

To update your email address log on to
www.wacweb.org
If you don't have an account, you can use the
shared name and password:
User name: climbing / Password: climbon

Join the WACList on Yahoo

If you want to get mail on the WAC email list, join the yahoo group at:
<http://groups.yahoo.com/group/waclist/>

Post message: waclist@yahoogroups.com **Subscribe:** waclist-subscribe@yahoogroups.com

Important: You must be a current member! We have to approve you before you can join, so please put your name in the comment section.

Washington Alpine Club

Founded 1916 Incorporated 1923
P.O. Box 352, Seattle, WA 98111
www.wacweb.org

Member Of

Federation of Western Outdoor Clubs,
Washington Association, Washington
Environmental Council, Washington Wilderness
Coalition, and MidFORC Coalition

The primary purpose of this club is to encourage
the healthful enjoyment of the great outdoors, to
preserve its natural beauty and to promote good
fellowship among all lovers of nature.

BOARD OF TRUSTEES

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Pat O'Brien | 206-527-6881
Susan Ashlock | 000-000-000

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Eli Holmes, Karel Zikan

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Work Party . . . Archie Brenden | 206-799-0705
Membership To be Announced | 000-000-0000
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Cabin Supply Tami Sargent | 360-377-3217

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President's Corner

October 2013 by Mike Mahanay

Yikes! What happened? The warm dry summer weather has been replaced by cool and very wet weather! Rumor has it that Paradise received 10 feet of snow already! The peaks are getting dumped on! Fall has arrived with a big bang- the days are shorter and the mornings are cooler. In between storms, now is the time to take that trip to the high country to see the larches in their stunning yellows. The huckleberries are done, the bears and marmots are finally getting very sleepy, and the rhubarb at the Guye Cabin garden is done for another year. Pumpkins are ripe and orange and will soon be turning into jack-o-lanterns at Snoqualmie Pass. Looking up from Guye Cabin the hinderlands are alive with yellows, reds, and orange colors.

October is the time to renew your membership. Take a minute to check the website and see if you are up for renewal. Help our membership Chair and the WAC by renewing for multiple years online via the website. You'll save money and time. We are wrapping up 2013 with a very healthy 495 members. Our Club continues to improve and grow. More people each year are signing up for multi-year memberships! The renewal process gets smoother each year.

The WAC forecasters have yet come up with a prediction for this winter, but we do know the snows will start to come this month and the ski areas will open soon after. Don't forget to pick up your annual ski pass this month. The price will go up at the end of October. It only takes 7 days to pay for the pass. If you or the kids ski, or are enrolled in lessons, then the pass might work for you.

The Intermediate Climbing Class wrapped up last weekend. They enjoyed perfect weather

for the entire class. Thanks to Pat Beurskens and April McCoy for organizing and heading up the class! We couldn't have better co-chairs! Thanks to everyone who organized the weekends and everyone who volunteered to help out with this class.

Guye Cabin is looking fantastic and ready for the winter! We had more than 25 people at the September work party alone. Special thanks to the more the 100 people who participated in the work parties over the summer!

The WAC is fortunate that we are a 100% volunteer organization. Folks participate because they are motivated to teach others, help out, and do the right thing. Motivation is having the encouragement to do something. It comes from deep inside. We are lucky to be involved with this wonderful group of like minded people that love the outdoors.

Sunday October 20 is our Annual Meeting at Guye Cabin. As always we will have an array of great food, (specialty potluck) and fun. We'll



Annual Meeting is on October 20. We will have an Open House, Potluck

have an Open House beginning at 10, Potluck at 12, Group Photo at 1:45, Meeting at 2:00. If you can't come, be sure to email or snail mail your proxy vote to anyone on the Board..

The New Snow Dinner will be December 14. We are looking for someone, or a team, to organize the entrée. It can be anything you want, so please give me an email or call soon if you would like to lead this Dinner. Dennis Saunders did a fantastic job last year with multiple entrees! Dennis will be a tough act to follow!

Outdoor activities tend to foster independence, self-reliance and critical thinking. In this wonderful time between summer and winter please visit the highlands, come out and meet your old friends, and make some new friends, at one of the many WAC events.



Monte Cristo Peak from Glacier Basin by John Sanford

Risk Management Committee Cont from page 1

a way to be more involved, there will be plenty of ways to help!

If you have questions, ideas, comments, or want to report a recent incident or near miss check out our RMC website at: <https://sites.google.com/site/wacrisk/>

Contact us at wac-rmc@googlegroups.com

Annual New Snow Dinner Dec 14

Our popular Annual New Snow Dinner at Guye Cabin will be Saturday, December 14, 2013 at 6 pm.

The New Snow Dinner is an annual event to welcome in the Winter Ski Season and encourage the white fluffy stuff to finally start to fall! This is one of the biggest events of the year at the Guye Cabin, the heart and the soul of the Washington Alpine Club. We are looking for someone to organize the main course. It can be anything you want!

Washington Alpine Club 2013 Annual Meeting Proxy Form

The Annual Meeting arrives on schedule on October 20, 2013 - always the 3rd Sunday In October. The event is held at the Guye Cabin. We are expecting a very good turn out and hope each one of you will attend.

At the general meeting all WAC members will get the yearly report as to the status of the Club, and have a chance to vote on the agenda issues, including voting in the new Board.

Can't attend? Well, you can still vote by proxy. Please use this form. Fill it out and give it to someone you know will be there. Have that person take this form to the meeting. Your proxy form must be physically present at the meeting. There's no line item provision, so you entrust your vote to any and all issues your proxy will be voting on.

Mail, scan or email your proxy form prior to the meeting.
Washington Alpine Club
PO Box 352
Seattle, WA 98111

2013 Proxy Form

I _____ allow (please print your name) by proxy at the 2013 Washington Alpine Club General Meeting.

Please sign _____ Date _____

Mail, Scan or email to anyone on the WAC Board by October 18, 2013

Classes

Wilderness Remote First Aid Course Nov 1-3



Be prepared to assist your ski companions or hiking and climbing partners in an emergency by taking the fall 2013 edition of the WAC Remote Wilderness First Aid Course! In addition, we are looking for folks who will continue their education by taking the WRFA instructor course and can come back and teach for us.

Spend two weekends reviewing learning how to identify serious medical conditions in time to perform life-saving first aid. You will review American Red Cross Standard First Aid and practice techniques to manage conditions such as orthopedic trauma, thermal injury, and physiologic deterioration due to high altitude. A rational approach to the evacuation of one or more injured persons is addressed both in the classroom and in field scenarios. WRFA certification is awarded on completion of the course.

This year, the basic two-weekend WRFA course will be held on November 01/02/03. The cost, which includes books, supplies, and lodging for the second weekend at Guye Cabin is \$120.

For more detailed information about enrollment in the basic course itself, please see the WAC website. The WAC contact is Nathaniel Harrison at nathanielharrison@gmail.com



Intermediate Climbing Class



Cycling Gear Discount for WAC Members by Martin Turek

The coupon is entered. WAC2013 – 10% off on all products in the basket of \$50 or more. Free Priority shipping in WA included. The coupon is valid till the end of this year. If anyone wants to have the items shipped out of WA state the tax will not be added but I will need to ask folks to pay for the shipping – have them pick the lowest cost shipping option possible and I will still send Priority within USA.

If anyone has any questions about tire selection or road bikes please have them contact me at info@tiremaniacs.com.

Sweet deals on Sidi shoes now – I am planning on getting more of them.

If anyone wants specific MTB tires from Schwalbe or Conti, I can order them but need the details.

It's an open relationship and I am here to assist and supply the products.



Annual Meeting Weekend Guide 2013



RSVP if you are staying over Friday or Sat night

Sunday Annual Members Meeting Oct 20

Come one come all!

Don't miss this event at Guye Cabin! Bring your family and friends and enjoy the pass, open house, plant trees, have lunch, and attend the Annual

Meeting. This is a good opportunity to introduce your friends to the Cabin and meet the outstanding dedicated eclectic diverse group of folks that make up our Club!

Tree Planting 10 am – 12 pm

Open House 10 am – 12 pm

Potluck Lunch 12 pm

Group Photo 145 pm

Annual Meeting 2 pm

You'll be able to pay your annual dues, cabin fees for 2014, buy a WAC Technical Shirt, or if you bring up a prospect they will be able to sign up to join the Club



We'll hear the state of our Club, committee reports, recognition

and most importantly we'll vote in the 2014 Officers!

President	Mike Mahanay
1st VP	Pat O'Brien
2nd VP	Susan Ashlock
Treasurer	Dave Wilson
Secretary	Elden Altizer
	Pat Beurskens
	Mike Daly
	Jiri Pertold
	Ira Rushwald
	Eli Holmes

Membership

It's time to renew your membership! Support the WAC and renew your membership for 2014 now!

Fall is the time to renew your membership in the WAC for another year. These rainy days and long nights make it is super easy to do! Just look yourself up in the members section (climbing/ climb on is the user name/password) to see when your membership expires.

We recommend you just renew online via our Google checkout.

Just go to this link, and scroll down to the renewal section:

<http://www.wacweb.org/About/join.view>

Please consider adding an additional gift to your membership renewal check. Your contribution will help us with scholarships and Cabin expenses. Thanks for supporting your club!

You can also pay by check - Please send your check today made out to

"WAC", to:

Washington Alpine Club

c/o Membership

P. O. Box 352

Seattle, WA 98111

Membership@washingtionalpineclub.org

We hope that you continue to support the Washington Alpine Club and take advantage of all the opportunities that membership offers.

RENEW ONLINE >>

Annual Dues (renewals)	Regular Members (18-64yrs)	Senior Dues	Out of State Dues
1 YEAR: Through Dec 2013	\$30.00	\$15.00	\$20.00
2 YEARS: Through Dec 2014	\$60.00	\$25.00	\$35.00
3 YEARS: Through Dec 2015	\$85.00	\$35.00	\$50.00
4 YEARS: Through Dec 2016	\$115.00	\$45.00	\$65.00
5 YEARS: Through Dec 2017	\$135.00	\$55.00	\$80.00

Annual Cabin Fee:

Instead of paying nightly (\$15) to stay at the Guye Cabin, you can pay the annual cabin dues which are effective Jan 1 to Dec 31. You can add the annual cabin dues to online renewal or check, with a note indicating that you are including cabin dues and which WAC adult members are included (if paying dues for a family with 2 or 3 adult WAC members).

Individual Member	\$80.00
Immediate Family of two WAC Members	\$130.00
Immediate Family of three or more WAC Members	\$150.00

Get your WAC tee shirt!

They are cut very nicely and come in WAC green, Sunset orange, Snow Lake blue or Snoqualmie Pass granite grey.

You can pick them up at WAC events, downtown at lunch, in West Seattle, Pat O'Brien's, or at the Annual Meeting.

S,M,L,XL.



The Washington Alpine Club is on Facebook!

Facebook is yet another way to keep up with the Washington Alpine Club. Once you've joined Facebook, go to the WAC page and join the group. And invite your friends to join the group. You can connect with other WAC members, get information on upcoming events and post messages for other members.



www.facebook.com/groups/6180692402

Invitation to Provide information at our Issaquah Ski Swap - Oct 18-20

My family and I own a sporting goods consignment shop in downtown Issaquah, Superior Seconds Gear Exchange. We have been happy to see so many community members interested in recycling their gear and the Washington Alpine Club was mentioned recently in a conversation when we were discussing our upcoming ski swap.

In response to much community interest, we will be holding our first "Winter Sports Swap" October 18-20 at our store in downtown Issaquah near the Front Street Market.

Some customers have inquired as to whether we will have information on local ski school programs. We wanted to reach out to you to see if you are interested in providing some information at the swap about your program. You are welcome to leave literature, have a table or whatever you have found works for you. We are a local business and are flexible. We hope the Winter Swap will offer an opportunity for locals to trade gear in preparation for the winter sports season.

If you are interested in providing information for or promoting your program within, please let us know.

Thanks!

Heather Maloney

Superior Seconds Gear Exchange

www.superiorseconds.org

(425) 654-4340



Washington Alpine Club

P.O. Box 352

Seattle, WA 98111

Address Correction Requested

Do Not Forward

FIRST CLASS

TO: