

# WASHINGTON ALPINE CLUB | BULLETIN

October 2010 | Volume 93, Issue 8



## WASHINGTON ALPINE CLUB

P.O. Box 352  
Seattle, WA 98111

[www.wacweb.org](http://www.wacweb.org)

### The Bulletin is 100% online

This format allows us to offer photos, color, more timely content, and saves a lot of paper and trees. For those without email, with dial up connections, or with incompatible software we will continue to mail the Bulletin.

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## Intermediate Climbing Class

The intermediate Climbing Class wrapped up last week with another great weekend of climbing. The weather was superb throughout the class, as students learned and practiced glacier travel, ice climbing, self rescue, and lead rock climbing.

Thanks to class co-chairs Andrew Sullivan and Doug Daniell for coordinating the class and to weekend organizers Todd Lee, Mica Schonbeck, Andy Toyota, Dan Nelson, and Megan Zdancewic.

Congratulations to this year's graduates:

Dave Bailey  
Rebecca Cook  
Jeff Dietz  
Genevieve Hathaway  
Cara Herter  
Cortney Kreller  
Travis Mattera  
April McCoy  
Eddie O'Neil  
Gerhard Schneider



## Calendar

OCTOBER	
October 9	Cabin Creek Trail Work Party
October 10	Global Work Party Day
October 17	Guye Cabin Fall Work Party
October 17	Annual Members Meeting
October 30-31	Cabin Creek Trail Work Party
NOVEMBER	
November 6-7	Snoqualmie Nordic Kick-Off at Guye Cabin
November 7	NW Snow & Avalanche Summit
November 13-14	MOFA Class (Tentative)
DECEMBER	
December 11	Annual New Snow Dinner
2011	
January 5	Wednesday Night Tele / Randonee Class begins
January 8	Junior Nordic Program begins
February 6	Chicks on Sticks Ski Race
February 26	Hogg Loppet Ski Tour
February 27	Annual Fun Day on the WAC Trails
March 19	Vegetarian Potluck Dinner (tentative)

## Is Your Contact Info Current?

You can check these things on the Washington Alpine Club website: [www.wacweb.org](http://www.wacweb.org). If your address or email address changes please let us know!

### Moving?

Send change of address forms to:

Washington Alpine Club

PO Box 352

Seattle, WA 98111

Or email Dave Mitchell at:

[dtmitch@mindspring.com](mailto:dtmitch@mindspring.com)

### New Email Address?

To update your email address log on to

[www.wacweb.org](http://www.wacweb.org). If you don't have an account,

you can use the shared name and password:

User name: climbing / Password: climbom

## Join the WACList on Yahoo

If you want to get mail on the WAC email list, join the yahoo group at:

<http://groups.yahoo.com/group/waclist/>

**Post message:** [waclist@yahoogroups.com](mailto:waclist@yahoogroups.com)

**Subscribe:** [waclist-subscribe@yahoogroups.com](mailto:waclist-subscribe@yahoogroups.com)

Important: You must be a current member! We have to approve you before you can join, so please put your name in the comment section.

## WASHINGTON ALPINE CLUB

Incorporated 1916    Incorporated 1923

P.O. Box 352, Seattle, WA 98111

[www.washingtonalpineclub.org](http://www.washingtonalpineclub.org)

### Member Of

Federation of Western Outdoor Clubs, Washington Trails Association, Washington Environmental Council, Washington Wilderness Coalition, and MidFORC Coalition

The primary purpose of this club is to encourage the healthful enjoyment of the great outdoors, to preserve its natural beauty and to promote good fellowship among all lovers of nature.

### BOARD OF TRUSTEES

#### President

Mike Mahanay | 206.931.4713

#### 1st Vice President

Pat O'Brien | 206.527.6881

#### 2nd Vice President

Dave Mitchell | 425.235.1039

#### Treasurer

Toby Young

#### Secretary

Lynn Simmons | 206.543.9024

#### At Large

John Sargent | 360.377.3217

Jeff Wright | 206.244.7410

Eli Holmes

John Commiskey

Ira Rushwald

### ALPINE DIVISION

#### Climbing Class Co-Chairs

Mike Daly, Jeff Watts, Johana Hingle

### WINTER DIVISION

#### Telemark Ski

Randy Oakley, Jeff Knudson, Mark Parker

#### Back Country

John Commiskey, Ty Tyler, Mica Schonbeck

### PROPERTY & MEMBERSHIP

Cabin Chairman . . . . . Bill Hooper | 206.325.2851

Work Party . . . . . Bill Hooper | 206.325.2851

Membership . . . . . Kristin Kaupang | 206-251-8295

Publicity . . . . . Kay Ishii | 206.336.7721

Cabin Supply . . . . . Tami Sargent

### PUBLIC RELATIONS

Bulletin Editor . . . . . Jeff Dietz | 206.618.7589

Conservation . . . . . Mike Mahanay | 206.931.4713

Circulation . . . . . Dave Mitchell | 425.235.1039

By Laws . . . . . Dave Mitchell | 425.235.1039

# PRESIDENT'S CORNER

## October 2010

by Mike Mahanay

Sooner than any of us would of expected, Fall has arrived! Now is the time to take that trip to the high country to see the larches in their stunning yellows. The huckleberries are done, the bears and marmots are getting very sleepy, and the rhubarb at the Guye Cabin garden is done for another year. Pumpkins are ripe and orange and will soon be turning into jack-o-lanterns at Snoqualmie Pass. Looking up from Guye Cabin the hinderlands are alive with yellows, reds, and orange colors.

October is the time to renew your membership. Take a minute to check the website and see if you are up for renewal. Help Kristin and the WAC by renewing for multiple years online via the website. You'll save money and time. We are wrapping up 2010 with a very healthy 574 members. Last year at this time we had 517 members. Our Club continues to improve and grow. More people each year are signing up for multi-year memberships! The renewal process gets smoother each year. A huge thanks to our membership chair Kristin Kaupang! Kristin and our Treasurer Toby Young process several hundred renewals and checks, which is no easy task. The entire Club appreciates their hard work!

The forecasters are predicting the wettest and coldest winter since 1955! Yikes. I was not around then but it sounds like it was a big one. Don't

forget to pick up your annual ski pass this month. The price will go up at the end of October. It only takes 7 days to pay for the pass. If you or the kids ski, or are enrolled in lessons, then the pass might work for you.

The Intermediate Climbing Class wrapped up last weekend at Tieton. They enjoyed perfect weather for most of the class. Thanks to Andrew Sullivan and Doug Daniell for organizing and heading up the class! We couldn't have better co-chairs! Thanks to everyone who organized the weekends and everyone who volunteered to help out with this class.

Guye Cabin has a new fireplace insert and wood burning stove thanks to the hard work of Dale Ott. There are also electrical upgrades thanks to Mike Dietsch. We have some new windows thanks to Archie Brenden, Ralph Preston, Geof Grogan, Jiri Pertold, Dave Mitchell, Ed Kelting, and others. Thanks to Johnny Moeller for doing the pest control. The outside looks great too. We continue to do trail work and brush cleanup. I wish I could name everyone! Thanks to the more than 100 people who participated in the work parties over the summer!

The WAC is fortunate that we are a 100% volunteer organization. Folks participate because



they are motivated to teach others, help out, and do the right thing. Motivation is having the encouragement to do something. It comes from deep inside. We are lucky to be involved with this wonderful group of like minded people that love the outdoors.

Sunday October 17 is our Annual Meeting at Guye Cabin. As always we will have an array of great food, (specialty potluck) and fun. We'll have an Open House and Tree Planting beginning at 9, Potluck at 12, Group Photo at 1:45, Meeting at 2:00. If you can't come, be sure to email or snail mail your proxy vote today to Lynn Simmons.

The New Snow Dinner will be December 11. We are looking for someone, or a team, to organize the entrée. It can be anything you want, so please give me an email or call soon if you would like to lead this Dinner. Gino and Kathy Amodei did an awesome job last year with a prime rib! They will be a tough act to follow!

Outdoor activities tend to foster independence, self-reliance and critical thinking. In this wonderful time between summer and winter please visit the highlands, come out and meet your old friends, and make some new friends, at one of the many WAC events.

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## The Washington Alpine Club is on Facebook!

Facebook is yet another way to keep up with the Washington Alpine Club. Once you've joined Facebook, go to the WAC page and join the group. And invite your friends to join the group. You can connect with other WAC members, get information on upcoming events and post messages for other members.

<http://www.facebook.com/group.php?gid=6180692402>



## A collection of trips from WAC members

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### Eli Holmes

This year we headed up to Wells Gray Prov Park and Jasper National Park for three very different trips. We also traveled in luxury this year as we borrowed the "Sargent Boys" big van for the two-week journey. What a change from being crammed in our Outback! On the way back from Whitecourt, Alberta (near Edmonton), we took 2 days and drove the Icefields Parkway (through Jasper NP, Banff NP, Yoho NP) then west through Glacier NP and Roger's Pass.

Athabasca River

<http://picasaweb.google.com/e2holmes/AthabascaRiver#>

Maligne Lake

<http://picasaweb.google.com/e2holmes/MaligneLake2010>

Murtle Lake

<http://picasaweb.google.com/e2holmes/MurtleLake2010#>

### Our canoeing website

<http://northernwaters.shutterfly.com/>

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### Jonathan Pryce

Teanaway

<http://www.facebook.com/album.php?aid=60212&id=1637623394&l=b8fe378f1a>

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### Fred Slater

Black Mountain

[http://www.wacweb.org/Trips/TripReports/default.view?\\_mode=details&rowid=502](http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&rowid=502)

Photos

<http://picasaweb.google.com/jonathanpryce8/100814BlackPeakHighRoute#>

### Toby Young

Mixup Peak

[http://www.wacweb.org/Trips/TripReports/default.view?\\_mode=details&rowid=501](http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&rowid=501)

Photos

<http://picasaweb.google.com/ira.rushwald/MixupPeak#>

Dumbell and Greenwood

[http://www.wacweb.org/Trips/TripReports/default.view?\\_mode=details&rowid=503](http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&rowid=503)

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### Susan Ashlock

Monument and Lake

[http://www.wacweb.org/Trips/TripReports/default.view?\\_mode=details&RowId=504](http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&RowId=504)

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### Ira Rushwald

Cannon Mountain

[http://www.wacweb.org/Trips/TripReports/default.view?\\_mode=details&RowId=505](http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&RowId=505)

<http://picasaweb.google.com/ira.rushwald/CannonMtn>

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### Get ready for ski season from Mike Beck

Those of us that have high country skiing on the mind will perhaps like this video of Mike Mahanay skiing from Camp Muir a on Mother's day a few years back.

<http://www.youtube.com/watch?v=zJ12NoyYSu4>





## Remote Wilderness First Aid Class - Sat / Sun November 13 / 14

Thanks to our WAC instructors- Scott Calhoun, Laurie Rich, John Sanford, Eileen Sliwinski, Jon Shields, Pat Beurskens we are again able to offer our annual first aid class. Both the class and our instructors get better every year!

WRFA is a 16 hour first aid course for the wilderness traveler. Wilderness and Remote First Aid is designed for people whose jobs, volunteer activities or favorite activities take them to remote wilderness settings where Emergency Medical Services responders may be an hour or more away.

Major portions of the course are designed to be taught outdoors. CPR/AED is required.

### The course covers

- Head (Brain), Neck and Spinal Injuries
- Wounds and Wound Infection
- Hypothermia
- Heat-Related Emergencies
- Allergies and Anaphylaxis
- Altitude-Related Illnesses
- Bone and Joint Injuries
- Burns

This course will held at Guye Cabin and begin at 8:00 AM on Saturday morning and continuing through Sunday evening approximately 5:00 PM. Be prepared for fall unpredictable weather, as a good portion of the class will be held outdoors, come rain, snow, or shine. You'll need to bring snacks and special diet requirements. The WAC and Kristine Fyfe will do lunches and dinner on Saturday.

To register, just send an email to Mike Mahanay [mikemahanay@gmail.com](mailto:mikemahanay@gmail.com)

Once you have his confirmation email that you are in, you can mail the check to the WAC address below.

### Cancellation Policy

In order to receive a refund for a WRFA Course, the cancellation must be made by the last day of registration. There are no refunds for no-shows or drop-outs. No partial refunds will be given.



### Cost

Course cost: \$125

Which breaks down like this:

Books \$25 (separate, buy online)

CPR/AED certification \$50 (separate 3hr class)

WAC \$50

Send your \$50 check for the WAC portion to:

WRFA Class

Washington Alpine Club

PO Box 352

Seattle, WA 98111

# WAC COMMUNITY NEWS

## Annual Meeting - October 17, 2010

The Annual Meeting arrives on schedule on October 17, 2010 - always the 3rd Sunday In October. The event is held at Guye Cabin. We are are expecting a very good turn out and hope each one of you will attend.

At the general meeting all WACers will have a chance to vote on the agenda issues, including voting in the new board.

Can't attend? Well, you can still vote by proxy. Please use this form. Fill it out and give it to someone you know will be there. Have that person take this form to the meeting. Your proxy form must be physically present at the meeting. There's no line item provision, so you entrust your vote to any and all issues your proxy will be voting on.

Don't know someone who will be there? You can have the secretary act as your proxy. Mail your proxy form so that it arrives no later than Thursday, October 14th.

Washington Alpine Club  
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## 2010 WAC Annual Meeting Proxy Form

I \_\_\_\_\_ allow \_\_\_\_\_ to vote for me by proxy at the 2010 Washington Alpine Club General Meeting.  
(please print your name) (please print proxy's name)

Please sign \_\_\_\_\_ Date \_\_\_\_\_

FOLD AND MAIL to the WAC Secretary, Lynne Simmons, or any Board member,  
or scan and email to Lynn or Mike

# Annual Meeting - October 17, 2010

## Come one, come all!

Don't miss this event at Guye Cabin! Bring your family and friends and enjoy the pass, open house, plant trees, have lunch, and attend the Annual Meeting. This is a good opportunity to introduce your friends to the Cabin and meet the outstanding dedicated eclectic diverse group of folks that make up our Club!

You'll be able to pay your annual dues, cabin fees for 2011, or if you bring up a prospect they will be able to sign up to join the Club.

- 8:00 – 12:00 Work Party Outside  
(come dressed for mixed weather)
- 10:00 - 12:00 Tree Planting
- 10:00 - 12:00 Open House
- 12:00 p.m. Potluck Lunch
- 1:45 p.m. Group Photo
- 2:00 p.m. Annual Meeting

We'll hear the state of our Club, committee reports, and most importantly, we'll vote in the 2011 Officers!

Can't make it? Mail, fax, or give your proxy to someone to deliver.

## 2010 Board of Directors

- President Mike Mahanay
- 1st VP Pat O'Brien
- 2nd VP John Sargent
- Treasurer Toby Young
- Secretary Lynn Simmons
- Ira Rushwald
- Dave Mitchell
- John Commiskey
- Jeff Wright
- Eli Holmes



Anna Louise Strong, founder of the Washington Alpine Club. Portrait by Mabel Lisle Ducasse.



WAC Summer Party - Pete and Mary Jane Steele with Charlie Cairns.

# WASHINGTON ALPINE CLUB

## Northwest Snow & Avalanche Summit

The Northwest Snow & Avalanche Summit is on Sunday, Nov. 7th at the Seattle Flagship REI Store (<http://www.rei.com/stores/11>), from 8:00am to 5:00pm. (Registration will be occurring from 8:00am-8:30am.)

The Northwest Snow and Avalanche Summit (NSAS) is a professional development seminar for avalanche workers, and a continuing education opportunity for recreationalists. NSAS is intended for ski patrollers, forecasters, ski guides, search and rescue teams, as well as any number of other occupations that occur on and around snow. The content of NSAS is relevant to professionals and recreationalists alike.

### 2010 Speakers

Dale Atkins

<http://www.avalancheschool.org/instructors/phasel.asp>

Dr. Bruce Jamieson

[http://www.ucalgary.ca/community/research/bruce\\_jamieson](http://www.ucalgary.ca/community/research/bruce_jamieson)

Garth Ferber

<http://www.nwac.us/about/staff/>

Mark Moore

<http://www.nwac.us/about/staff/>

Rod Newcomb

[http://www.exumguides.com/?page\\_id=87](http://www.exumguides.com/?page_id=87)

Brad White

[http://www.pc.gc.ca/progs/np-pn/sp-ps/sec4/index\\_e.asp](http://www.pc.gc.ca/progs/np-pn/sp-ps/sec4/index_e.asp)

Colin Zacharias

<http://web.mac.com/quixoticadventures/>

Tickets may be purchased at:

<http://www.brownpapertickets.com/event/130444>

### Ticket Pricing

After October 7th: \$39.50

Nov 7th/Day of Event: \$45.00



Washington Alpine Club  
P.O. Box 352  
Seattle, WA 98111

Address Correction Requested

Do Not Forward

FIRST CLASS

TO: