

# WASHINGTON ALPINE CLUB | BULLETIN

November 2010 | Volume 93, Issue 9



## WASHINGTON ALPINE CLUB

P.O. Box 352  
Seattle, WA 98111

[www.wacweb.org](http://www.wacweb.org)

### The Bulletin is 100% online

This format allows us to offer photos, color, more timely content, and saves a lot of paper and trees. For those without email, with dial up connections, or with incompatible software we will continue to mail the Bulletin.

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## WAC Annual Meeting

It is always very exciting when the first snow comes to the passes. Like it does every year at this time we have snow in the high country. The first snow was seen on the ground at Guye Cabin on October 25, folks were getting some early powder turns in at Stephens Pass, 41 inches was reported at Paradise, and Crystal was threatening to open! Looking up, the peaks are still white with fresh snow. Alpentel and The Chair look spectacular! Excitement is building for a wonderful ski season with the arrival of La Nina.

We recently had an excellent Annual Meeting at Guye Cabin. The turnout was very good in spite of the beautiful fall day in the mountains. Many people spent Saturday night, and spent Sunday morning hiking trails, doing a chore, or having

fun. Everyone enjoyed the most delicious food for lunch, while we caught up on old friends that we hadn't seen all summer, and some new ones too. Afterwards, we easily had a quorum for meeting. The WAC has a very high level of involvement by its members. Old and new, from all aspects of the Club were in attendance. It was a real treat to meet everyone that attended and see their enthusiasm and interest in our Club. The WAC continues to be really focused on the future and how we can improve everyone's experience while maintaining the historical uniqueness and tradition of the WAC. The highlight of the Annual Meeting was the presentation of the Lee Adams

continued  
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## Calendar

NOVEMBER	
November 6-7	Snoqualmie Nordic Kick-Off at Guye Cabin
November 7	NW Snow & Avalanche Summit
November 11	NW Avalanche Center Snowbash Fundraiser
November 13 - 14	Wilderness First Aid Class
November 18	Avalanche Awareness at Feathered Friends
DECEMBER	
December 11	Annual New Snow Dinner
2011	
January 5	Junior Nordic Program begins
January 12	Wednesday Night Tele / Randonee Class begins
February 6	Chicks on Sticks Ski Race
February 26	Hogg Loppet Ski Tour
February 27	Annual Fun Day on the WAC Trails
March 12	Vegetarian Potluck Dinner (tentative)
March 13	Snoqualmie Loppet 30K Ski Tour (tentative)
April 23 - 24	Annual Olympic Beach Cleanup

## Is Your Contact Info Current?

You can check these things on the Washington Alpine Club website: [www.wacweb.org](http://www.wacweb.org). If your address or email address changes please let us know!

### Moving?

Send change of address forms to:

Washington Alpine Club

PO Box 352

Seattle, WA 98111

Or email Dave Mitchell at:

[dtmitch@mindspring.com](mailto:dtmitch@mindspring.com)

### New Email Address?

To update your email address log on to

[www.wacweb.org](http://www.wacweb.org). If you don't have an account,

you can use the shared name and password:

User name: climbing / Password: climbon

## Join the WACList on Yahoo

If you want to get mail on the WAC email list, join the yahoo group at:

<http://groups.yahoo.com/group/waclist/>

**Post message:** [waclist@yahoogroups.com](mailto:waclist@yahoogroups.com)

**Subscribe:** [waclist-subscribe@yahoogroups.com](mailto:waclist-subscribe@yahoogroups.com)

Important: You must be a current member! We have to approve you before you can join, so please put your name in the comment section.

## WASHINGTON ALPINE CLUB

Incorporated 1916    Incorporated 1923

P.O. Box 352, Seattle, WA 98111

[www.washingtonalpineclub.org](http://www.washingtonalpineclub.org)

### Member Of

Federation of Western Outdoor Clubs, Washington Trails Association, Washington Environmental Council, Washington Wilderness Coalition, and MidFORC Coalition

The primary purpose of this club is to encourage the healthful enjoyment of the great outdoors, to preserve its natural beauty and to promote good fellowship among all lovers of nature.

### BOARD OF TRUSTEES

#### President

Mike Mahanay | 206.931.4713

#### 1st Vice President

Pat O'Brien | 206.527.6881

#### 2nd Vice President

Dave Mitchell | 425.235.1039

#### Treasurer

Toby Young

#### Secretary

Lynn Simmons | 206.543.9024

#### At Large

John Sargent | 360.377.3217

Jeff Wright | 206.244.7410

Eli Holmes

John Commiskey

Ira Rushwald

### ALPINE DIVISION

#### Climbing Class Co-Chairs

Joanna Hingle, Ira Rushwald, Amanda Stoneham

### WINTER DIVISION

#### Telemark Ski

Randy Oakley, Jeff Knudson, Mark Parker

#### Back Country

John Commiskey, Ty Tyler, Mica Schonbeck

### PROPERTY & MEMBERSHIP

Cabin Chairman . . . . . Bill Hooper | 206.325.2851

Work Party . . . . . Bill Hooper | 206.325.2851

Membership . . . . . Kristin Kaupang | 206-251-8295

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Cabin Supply . . . . . Tami Sargent

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Circulation . . . . . Dave Mitchell | 425.235.1039

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# PRESIDENT'S CORNER

## November 2010

by Mike Mahanay

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Memorial Grant Program by Toby Young, and presentation of a display & plaque honoring Lee by Susan Ashlock. (Thanks also to Murray Kahn for helping put it together)

Our 2010 Board and Chairs have done a fantastic job over the last year. We have a fantastic, motivated, and committed team managing the WAC and it shows. Our Club continues to improve every year. Once again most of our current Directors have agreed to stay intact for the 2011 year. Joining the Board are Charles Muzio, Pat Beurskens, Mike Daly, and Susan Ashlock. The Board of Directors were voted in by the members at the Annual Meeting. Thanks to outgoing Directors - Lynn Simmons, Dave Mitchell, Jeff Wright, & John Sargent for their years of service!

Kristin Kaupang is our membership chair once again. Thanks Kristin! If you have not renewed for 2011, do so today and help Kristin out! We won't send out bills, so please check the website and follow the instructions to pay online or send in your check. Many people save a little money and pay for five years to make it easier on themselves. Also be sure to include your annual Cabin Fees. <http://www.wacweb.org/About/renew.view>

When you run into these folks that guide our Club as it approaches its second century be sure to give them a big "thank you"! Our club is run 100% by volunteers donating lots of time, energy, money, and effort. We can make the WAC whatever we want it to be, it just takes folks willing to step up and volunteer as an instructor, lead that first aid class, climb, outing, snowshoe, ski lesson, cabin repair, or kids hike!

Thanks to Scott Calhoun for putting forth the effort to become our lead WAC Wilderness Remote First Aid instructor! The class will be on November 13/14 at Guye Cabin. If you have not taken before WRFA it is highly recommended for everyone. Each year we hope to get at least three more people from the class to take the instructors course in December and help with future classes! The WAC pays the cost of the instructor course.

Coming up on December 11, is our annual New Snow Dinner at Guye Cabin. Gino and Kathy Amodei did prime rib the last two years. Anyone want to volunteer this year? If you have an idea for an entrée and want to prepare it for 50 people just let me know! You can do anything you want. As always, vegetarian selections, salads, veggies, and deserts will be specialty potluck. Yummm! Please join us for a wonderful afternoon, evening, and night at Guye Cabin. We hope to see new members, and those of you that haven't been up for a while. With any luck we'll have some of the WAC musicians on hand for some songs. We'll also have a slide show. An evening of great food, lots of fun, meeting old friends, and making some new friends! Cost? Only \$5 minimum donation per person to cover the cost of the entrée.

What can be better than a Wednesday evening skiing? Randy Oakley has put together the WAC Telemark / randonee class on Wednesday nights. Our class has been around for over 20 years and is the largest telemark class in the country! It has produced many of Washington's best backcountry skiers. They are already accepting applications online so help spread the word. We hope to again have Guye Cabin open on Wednesday nights for the duration of the class, so plan on some overnights!



The Washington Alpine Club Annual Meeting was held on October 17. Please welcome and congratulate the 2011 Directors!

President: Mike Mahanay

Vice President: Pat O'Brien

Vice President: Eli Holmes

Treasurer: Toby Young

Secretary: Ira Rushwald

At Large: John Commiskey, Charles Muzio, Pat Beurskens, Mike Daly, and Susan Ashlock

Joanna Hingle will return again and be joined by Amanda Stoneham and Ira Rushwald as co-chairs and along with Pat O'Brien will be organizing the 2011 edition of the WAC Basic Climbing Class. The co-chairs are beginning the early planning for the class, and we will have further schedule and application details very soon. A huge thanks to Jeff Watts and Mike Daly for their service as co-chairs.

November always brings Thanksgiving Day, a WAC favorite, our wonderful national feast day, and one of our most important holidays. On this special day, we all pause for a moment to reflect on the bounty of our lives, and also those people less fortunate than ourselves. As our Club travels into it's second century we continue to work to ensure that this gift to us from the past is preserved and that we take care that it will remain intact for centuries to come, and our children's children. In many ways this has been a tough year for us. A lot has happened in the last year, but we have many reasons to be very proud of our club. We are thankful for the natural gifts we have, and most importantly for our friends, partners, and community. I am very proud (as we all are) to be a part of the WAC community! Have a fantastic winter season!

# UPCOMING EVENTS

## Winter Events

### New Snow Dinner Dec 11

The New Snow Dinner is an annual event to welcome in the Winter Ski Season and encourage the white fluffy stuff to finally start to fall! This is one of the biggest events of the year at the Guye Cabin, the heart and the soul of the Washington Alpine Club!

Come up to our beautiful Guye Cabin for the day and play! Tour the Cabin. Inspect all the new projects done over the summer. Or just socialize, read a book, play chess, spent the day playing outdoors or just relax! Come early! Stay late! Spend the night! Spend the weekend! Bring your family, friends, and guests! As always, we are expecting a big turnout so make your plans now! You won't want to miss this one!

Gino and Kathy Amodei did Prime Rib the last two years. Each year someone volunteers to prepare the entrée for 50 people. (The WAC pays the cost) Do you have a favorite dish you would like to do? Send me an email!

We'll also have plenty of great food for vegetarians. We will eat promptly at 6 pm! Everything else will be specialty potluck. Please bring your very best side dishes of salads, appetizers, vegetables, deserts, or drinks. After dinner we'll do a slide show, and have entertainment!

Okay, how much this time?? Once again, we are asking for a mere five dollar minimum donation each to cover the costs of the main course! That will be a lot of food and fun for five bucks!

Questions or need more information?  
Call Mike Mahanay at 206-931.4713 or email:  
mikemahanay@gmail.com



### Hog Loppet Ski Tour February 26

The Hog Loppet is a non-competitive 30k Ski Trek from the top of Mission Ridge Ski Area to Blewett Pass. A shuttle bus service provided. This is recommended for intermediate skiers and above due to the length and some steep terrain and ungroomed conditions. Here is an article that tells more about this annual event:

<http://www.skileavenworth.com/files/file/Norwegian%20American%20Weekly%20Hog%20Loppet%20article.pdf>

### WAC Fun Day - February 27

Thanks to Eli the winter games of the WAC have been reinvented! We have snowshoe and ski races on the WAC Trail System for athletes of all ages and abilities. Snacks and prizes. Fun for all kids and adults.

### Vegetarian Potluck - March 12

Bring your best vegetarian dish for this annual winter tradition. Dinner at 6 pm after a day of fun in the snow.

### Snoqualmie Loppet - March 13

A winter highlight! Come join the 4th annual 35K "Citizen's Race" from Hyak to Cabin Creek. We ride the lift up as soon as they open, ski the Mount Catherine Loop, do the long flat Iron Horse, a short loop through the Troll Hagen, then a loop around Cabin Creek to the finish.

There is a Half Loppet option that begins and ends at Hyak. For the full Loppet you'll need to be an intermediate Nordic skier (Classic or Skate) Afterwards we'll meet back at Guye Cabin for recovery food & treats!

## 2011 WAC Telemark / Randonee series now open!

With a La Nina winter on the way, it has never been a better time to improve your telemark/Randonee skiing skills. I hope you are able to join us for what I hope to be a fantastic ski season.

### Class dates for 2011

Wednesday, January 12  
 Wednesday, January 19  
 Wednesday, January 26  
 Wednesday, February 2  
 Wednesday, February 9  
 Wednesday, February 16

### Costs

Still just \$130 for the lessons  
 New this year, current WAC Members may pay for their lessons using Google checkout

### Important dates

Discounted Seasons Pass Deadline: December 15th  
 (Subject to change by the Summit)  
 Sign up deadline: Mon, Jan 3rd, 7pm  
 Payment deadline: Wed, Jan 5th, 7pm  
 Cancellation deadline: Wed, Jan 5th, 7pm

### Sign up

[www.wacweb.org/Classes/telemarkclass/](http://www.wacweb.org/Classes/telemarkclass/)

## Kids Nordic Ski Class

### Kids Nordic Ski Classes

The Junior Nordic Program is a progressive program to teach children all-round skills for Nordic skiing. For ages 4 to 8, we focus on striding (classic) and downhill skills. Starting around age 8 or 9, kids learn to skate. Kids age 9 and older split their season between classic and skating styles. For kids under the age of 10, learning through games and adventure is very important.

Kids in Treasure Trails, Little Nords, and Freeheelers will play a variety of games like treasure hunts, skiing off trail through the woods, playing soccer on skis, and having snowball fights all in the process of learning to ski well. When kids enter High Pros and are ready to for directed technique coaching, they'll be solid striders and skaters. January to March.

### Nordic Ski Clinics

We offer Nordic skiing workshops for all levels, taught by PSIA level III instructors Karel and Eli. A combination of classic and skate styles. We might do a workshop in Jan. Feb. and March.

## Basic Climbing Class

With the incoming cool air and snow in the hills comes the start of planning for next year's Basic Climbing Class. I'm happy to announce that Ira Rushwald and Amanda Stoneham have agreed to help us out as co-chairs this year, so please welcome them into their new roles!

As we roll into the Fall and Winter, keep your eyes open for potential candidates for the 2011 class – friends, co-workers, or whoever looks like they will enjoy some time outside. Applications are being accepted from December 15th, 2010 – January 31st, 2011. Use this fall and winter to work up an appetite for the instructor night at Odd Fellows on Feb 15th. As always, pizza and beer will be provided for those who come. Get ready to brush up your skills at instructor training (March 19th - 20th) and, although it still seems a ways away, the first class (March 22nd) will sneak up on us all. Happy fall adventures to you all and get ready for some great spring outings!

Joanna  
 Basic Class co-chair

## Wilderness First Aid

### Instructor Class Coming in December

Do have a current MOFA or WRFA certification?

A WRFA Instructor course is being scheduled for BoeAlps, and the WAC is welcome. The dates are: FIT (Fundamentals of Instructor Training):  
 December 7th 6:00 PM to 10:00 PM

WRFA Instructor Course: December 11th & 12th  
 from 8:00 AM till 5:00 PM both days

For more information or to register, please either contact either

Francois Godcharles: [fgod1138@hotmail.com](mailto:fgod1138@hotmail.com)  
 Karl Brackmann: [k.brackmann@verizon.net](mailto:k.brackmann@verizon.net)

# WAC COMMUNITY NEWS



## Guye Cabin

Thanks to an army of people that helped out over the summer, Guye Cabin is ready for the coming (potentially) record setting winter! They installed 12 new energy efficient windows, 4 new water saver toilets, an efficient wood burning stove in the kitchen, and a new fireplace insert in the rec room. The new kitchen stove burns wood instead of coal. We'll save the cost of the coal, and have a property fuel source. The new stove and fireplace insert use less wood, produce more heat, and pollute much less. We have also upgraded the kitchen electric, split and stacked a winter's worth of firewood, and done extensive grounds work. The bridge is widened by two feet, and the trails are improved. Some new trees were planted.

Thanks to each and every one of you who helped! The Cabin is better than ever and ready for the La Nina Winter Season!

We want to call special recognition to Dale Ott for the work on the new stove and insert, and getting the yard back in shape. (and the chili

too!) and Dave Mitchell, Ilana Wolman, Ralph Preston, Archie Brenden, Jiri Pertold, Ed Kelting, Mark Hume, Mike Dietsch, John Sargent, Johnny Moeller, Eli & Karel. Many others helped out too - both inside and out! We really appreciate everyone's help.

When you renew, please purchase the Annual Cabin Fee option. You won't ever have to worry about writing a check when your visit the Cabin, and most importantly you'll be helping support the kind of work and upgrades we do each summer. You can renew and pay annual Cabin fee online!

<http://www.wacweb.org/About/renew.view>

Don't forget the Snow Dinner on December 11!

### Guye Cabin Recycling

The WAC is green & Guye Cabin follows the same recycling program as the city of Seattle. There are three bins to sort garbage, recycling, and

compostable items. Note- we need to take them home when we leave and put them in our home bins. Thanks!

Paper coffee cups and their lids are both recyclable (not just the cardboard sleeve) after being poured out. Seattle is one of the few areas in the country where both are able to be recycled. Plastic cups and bottles for drinking were a common occurrence in our garbage. Those are recyclable. Empty plastic food trays from microwave meals and to-go clamshell containers can be quickly rinsed and then recycled. Plastic 'to go' boxes can be rinsed and recycled.

Paper/cardboard 'to go' boxes, napkins, all food waste, vegetables, coffee grounds, etc should be composted.

## It's time to renew your membership!

Fall is the time to renew your membership in the WAC for another year. It is super easy to do! Just look yourself up in the members section to see when your membership expires, and send Kristin a check. Just go to this link, and scroll down to the renewal section:

<http://www.wacweb.org/About/join.view>

We hope that you continue to support the Washington Alpine Club and take advantage of all the opportunities that membership offers. Please send your renewal to Kristin Kaupang at the address listed below.

E-mail: [kekaupang@hotmail.com](mailto:kekaupang@hotmail.com)

### Annual Dues (renewals)

	Regular	Senior	Out of State
Through Dec 2011	\$30	\$15	\$20
Through Dec 2012	\$60	\$25	\$35
Through Dec 2013	\$85	\$35	\$50
Through Dec 2014	\$115	\$45	\$65
Through Dec 2015	\$135	\$55	\$80

Instead of paying nightly (\$10) to stay at the Guye Cabin, you can pay the annual cabin dues which are effective Jan 1 to Dec 31. You can add the annual cabin dues to online renewal or check with a note indicating that you are including cabin dues and which WAC adult members are included (if paying dues for a family with 2 or 3 adult WAC members).

Individual Member	\$70.00
Immediate Family of two WAC Members	\$100.00
Immediate Family of three or more WAC Members	\$120.00



## WAC discount at

## Outdoor Research

WAC members still get a discount in the store. 15% for full priced OR stuff and 10% for full priced Non-OR stuff.

## The Washington Alpine Club is on Facebook!

Facebook is yet another way to keep up with the Washington Alpine Club. Once you've joined Facebook, go to the WAC page and join the group. And invite your friends to join the group. You can connect with other WAC members, get information on upcoming events and post messages for other members.

<http://www.facebook.com/group.php?gid=6180692402>



# WASHINGTON ALPINE CLUB

## Northwest Snow & Avalanche Summit

The Northwest Snow & Avalanche Summit is on Sunday, Nov. 7th at the Seattle Flagship REI Store (<http://www.rei.com/stores/11>), from 8:00am to 5:00pm. (Registration will be occurring from 8:00am-8:30am.)

The Northwest Snow and Avalanche Summit (NSAS) is a professional development seminar for avalanche workers, and a continuing education opportunity for recreationalists. NSAS is intended for ski patrollers, forecasters, ski guides, search and rescue teams, as well as any number of other occupations that occur on and around snow. The content of NSAS is relevant to professionals and recreationalists alike.

### 2010 Speakers

Dale Atkins

<http://www.avalancheschool.org/instructors/phasel.asp>

Dr. Bruce Jamieson

[http://www.ucalgary.ca/community/research/bruce\\_jamieson](http://www.ucalgary.ca/community/research/bruce_jamieson)

Garth Ferber

<http://www.nwac.us/about/staff/>

Mark Moore

<http://www.nwac.us/about/staff/>

Rod Newcomb

[http://www.exumguides.com/?page\\_id=87](http://www.exumguides.com/?page_id=87)

Brad White

[http://www.pc.gc.ca/progs/np-pn/sp-ps/sec4/index\\_e.asp](http://www.pc.gc.ca/progs/np-pn/sp-ps/sec4/index_e.asp)

Colin Zacharias

<http://web.mac.com/quixoticadventures/>

Tickets may be purchased at:

<http://www.brownpapertickets.com/event/130444>

### Ticket Pricing

After October 7th: \$39.50

Nov 7th/Day of Event: \$45.00



Washington Alpine Club  
P.O. Box 352  
Seattle, WA 98111

Address Correction Requested

Do Not Forward

FIRST CLASS

TO: