

WASHINGTON ALPINE CLUB | BULLETIN

November 2009 | Volume 92, Issue 9



WASHINGTON ALPINE CLUB

P.O. Box 352
Seattle, WA 98111

www.wacweb.org

The Bulletin is 100% online

This format allows us to offer photos, color, more timely content, and saves a lot of paper and trees. For those without email, with dial up connections, or with incompatible software we will continue to mail the Bulletin.

IN THIS ISSUE

Calendar	2
President's Corner	3
Winter Classes / Jr. Nordic Program	4
Guye Cabin Events	6
Renew your Membership	7
Annual Meeting Photos	8
Wolf Haven International	9
WAC Volunteers Recognized	10

Annual Meeting Wrap-Up



Group photo at the Annual Meeting

The Washington Alpine Club Annual Meeting was held on October 18. Please welcome and congratulate the 2010 board members:

President: Mike Mahany
Vice President: Pat O'Brien
Vice President: Dave Mitchell
Treasurer: Toby Young
Secretary: Lynn Simmons
At Large Officers: John Sargent, Jeff Wright, Eli Holmes, John Commiskey, Ira Rushwald

Submit a story or photo!

Do you have a story or photo that you would like to share? Please send it in to us!

Email: wacbulletin@yahoo.com

WAC Technical T's

We still have a few WAC Technical T's left. Available sizes: S, M, L, XL, XXL

Just \$20

WAC Calendar

November	
12	Board Meeting
13-15	MOFA Class at Guye Cabin
26	Thanksgiving Weekend
December	
10	Board Meeting
12	New Snow Dinner
21	Starts Christmas Week
January	
1	Climbing Class Enrollment Starts
6	Telemark / Randonee Class Starts
14	Board Meeting
February	
6	Chicks on Sticks
11	Board Meeting
13	Jente Loppet 10K
19-21	Backcountry Class at Guye Cabin
27	Hog Loppet Ski Tour
28	WAC Winter Fun Day
March	
6	Vegetarian Potluck
7	Ozbaldy 50K at Cabin Creek
11	Board Meeting
14	Snoqualmie Loppet Ski Tour

Join the WACList on Yahoo

If you want to get mail on the WAC email list, join the yahoo group at:
<http://groups.yahoo.com/group/waclist/>

Post message:
waclist@yahoo.com

Subscribe:
waclist-subscribe@yahoo.com

Important: You must be a current member! We have to approve you before you can join, so please put your name in the comment section.

WASHINGTON ALPINE CLUB

Incorporated 1916 Incorporated 1923

P.O. Box 352, Seattle, WA 98111
www.washingtonalpineclub.org

Member Of

Federation of Western Outdoor Clubs, Washington Trails Association, Washington Environmental Council, Washington Wilderness Coalition, and MidFORC Coalition

The primary purpose of this club is to encourage the healthful enjoyment of the great outdoors, to preserve its natural beauty and to promote good fellowship among all lovers of nature.

BOARD OF TRUSTEES

President

Mike Mahanay | 206.931.4713

1st Vice President

Pat O'Brien | 206.527.6881

2nd Vice President

Dave Mitchell | 425.235.1039

Treasurer

Toby Young

Secretary

Lynn Simmons | 206.543.9024

At Large

John Sargent | 360.377.3217

Jeff Wright | 206.244.7410

Eli Holmes

John Commiskey

Ira Rushwald

ALPINE DIVISION

Climbing Class Co-Chairs

Mike Daly, Jeff Watts, Johana Hingle

WINTER DIVISION

Telemark Ski

Randy Oakley, Jeff Knudson, Mark Parker

Back Country

John Commiskey, Ty Tyler, Mica Schonbeck

PROPERTY & MEMBERSHIP

Cabin Chairman . . . Bill Hooper | 206.325.2851

Work Party Bill Hooper | 206.325.2851

Membership . . . Kristin Kaupang | 206-251-8295

Publicity Kay Ishi | 206.528.5630

Cabin Supply Tami Sargent

PUBLIC RELATIONS

Bulletin Editor Jeff Dietz | 206.618.7589

Conservation . . . Mike Mahanay | 206.931.4713

Circulation Dave Mitchell | 425.235.1039

By Laws Dave Mitchell | 425.235.1039

PRESIDENT'S CORNER

November 2009

by Mike Mahanay

Right on schedule we have snow in the high country. The first snow was seen on the ground at Guye Cabin on October 27! Looking up, the northern aspects of the peaks are still white with fresh snow. Alpentel and The Chair look spectacular! As you would expect many people have already gotten some powder runs in. Excitement is building for a wonderful ski season.

We recently had an excellent Annual Meeting at Guye Cabin. The turnout was very good in spite of the beautiful fall day in the mountains. The morning began with the planting of 15 new trees. Everyone enjoyed the most delicious food for lunch, while we caught up on old friends that we hadn't seen all summer. Afterwards, we easily had a quorum for meeting. The WAC has a very high level of involvement by its members. Old and new, from all aspects of the Club were in attendance. It was a real treat to meet everyone that attended and see their enthusiasm and interest. The WAC continues to be really focused on the future and how we can improve everyone's experience while maintaining the historical uniqueness and tradition of the WAC. The highlight of the Annual Meeting was the presentation of the WAC's highest honor- the "Rusty Piton Award" to Pat O'Brien by Lee Adams for completing the 100 Highest in Washington. Only about 30-some people have achieved this honor, and Pat is the first in the WAC! Congratulations to Pat from the entire Club!

Our 2009 Board and Chairs have done a fantastic job over the last year. We have a fantastic, motivated, and committed team managing the WAC! They just get better and better every year. Our current Board has again agreed to stay intact for the 2010 year, and were voted in by the members at the Annual Meeting. Thanks to Laurie Rich for her years of service!

Kristin Kaupang is our membership chair. If you have not renewed for 2010, do so today and help Kristin out! We won't send out bills, so please check the website and follow the instructions to send in your check. Many people save a little money and pay for five years to make it easier on themselves. Also be sure to include your annual Cabin Fees. <http://www.wacweb.org/About/renew.view>

When you run into these folks that guide our Club as it approaches its second century be sure to give them a big "thank you"! Our club is run 100% by volunteers donating lots of time, energy, money, and effort. We can make the WAC whatever we want it to be, it just takes folks willing to step up and lead that first aid class, climb, outing, snowshoe, ski lesson, cabin repair, or kids hike!

Thanks to Scott Calhoun for putting forth the effort to become our lead WAC MOFA instructor! The class will be next weekend at Guye Cabin. If you have not taken before MOFA it is highly recommended for everyone. Each year we hope to get at least three more people from the class to take the instructors course and help with future classes! The WAC pays the cost of the course.

Coming up on December 12, is our annual New Snow Dinner at Guye Cabin. Gino and Kathy Amodei will once again lead the Snow Dinner this year. Last year they did Prime Rib! Can you theme out? Please give them a call or email. As always, vegetarian selections, salads, veggies, and deserts will be specialty potluck. Yummm! Please join us for a wonderful afternoon, evening, and night at Guye Cabin. We hope to see new members, and those of you that haven't been up for a while. With any luck we'll have some of the WAC musicians on hand for some songs. We'll also have a slide show. An evening of great food,



lots of fun, meeting old friends, and making some new friends! Cost? Outrageous! \$3 donation per person to cover the cost of the entrée.

What can be better than a Wednesday evening skiing? Randy Oakley, Mark Parker, John Comiskey and Alex Ford are managing the WAC Telemark / randonee class on Wednesday nights. Our class has been around for over 20 years and is the largest telemark class in the country! It has produced many of Washington's best back-country skiers. They are already accepting applications online so help spread the word. We hope to again have Guye Cabin open on Wednesday nights for the duration of the class, so plan on some overnights!

Johana Hingle will be joining Jeff Watts, and Mike Daly, as co-chairs and along with Pat O'Brien will be organizing the 2010 edition of the WAC Basic Climbing Class. The co-chairs are beginning the early planning for the class, and we will have further schedule and application details in early December. A huge thanks to Kristin Kaupang for her two years of service as co-chair.

November always brings Thanksgiving Day, a WAC favorite, our wonderful national feast day, and one of our most important holidays. On this special day, we all pause for a moment to reflect on the bounty of our lives, and also those people less fortunate than ourselves. As our Club travels into its second century we continue to work to ensure that this gift to us from the past is preserved and that we take care that it will remain intact for centuries to come, and our children's children. A lot has happened in the last year and we have many reasons to be very proud of our club. I am very proud to be a small part of the WAC, it is always a pleasure to meet all the wonderful people who enjoy our Club!

EDUCATION

WAC Winter Classes

The Washington Alpine Club offers a superb series of classes to our members. Instructors are club members who gladly volunteer their time, enthusiasm and experience. The WAC partners with other organizations from time to time to offer other relevant classes.

Telemark & Randonee

We offer the NW's largest and best known telemark ski program, and have added a randonee program. From beginner all the way to advanced there is a section for you to improve and refine your skills! Our Wednesday evening series starts in January and continues for six weeks! Registration begins in October each year.

Nordic Ski Clinics

We offer Nordic skiing workshops for all levels, taught by PSIA level III instructors karel and Eli. A combination of classic and skate styles. We might do a workshop in Jan. Feb. and March.

Kids Nordic Ski Classes

The Junior Nordic Program is a progressive program to teach children all-round skills for Nordic skiing. For ages 4 to 8, we focus on striding (classic) and downhill skills. Starting around age 8 or 9, kids learn to skate. Kids age 9 and older split their season between classic and skating styles. For kids under the age of 10, learning through games and adventure is very important. Kids in Treasure Trails, Little Nordis, and Freeheelers will play a variety of games like treasure hunts, skiing off trail through the woods, playing soccer on skis, and having snowball fights all in the process of learning to ski well. When kids enter High Pros and are ready to for directed technique coaching, they'll be solid striders and skaters. January to March.

Telemark & Randonee Ski Class - Wednesday Nights!

Come join the oldest and largest telemark/randonee ski instruction program in the entire US. Whether you a novice or you have years of experience there is a class for you. Develop your skills so you can enjoy the backcountry even more.

The WAC Wednesday night Telemark / Randonee program has classes for skiers of all abilities -- So if you've never skied before or if you've skied for years, this program will help you have more fun on the snow.

There are six sessions: Wednesdays in January and February 2010. Classes start at 7:30PM and end at 9:30PM. Classes are being held at Snoqualmie Pass Central. Instruction is provided by professional ski instructors.

Don't delay -- sign up today -- registration closes on December 26th and no last minute on the hill sign ups this year.

For more info:

Randy Oakley randy.oakley@microsoft.com

webpage: <http://www.wacweb.org/Classes/telemarkclass/default.view>



Junior Nordic Program

The Junior Nordic Program is a progressive program to teach children all-round skills for Nordic skiing. For ages 4 to 8, we focus on striding (classic) and downhill skills. Starting around age 8 or 9, kids learn to skate. Kids age 9 and older split their season between classic and skating styles. For kids under the age of 10, learning through games and adventure is very important. Kids in Treasure Trails, Little Nords, and Freeheelers will play a variety of games like treasure hunts, skiing off trail through the woods, playing soccer on skis, and having snowball fights all in the process of learning to ski. When kids enter High Pros and are ready for directed technique coaching, they'll be solid striders and skaters.

Treasure Trails (TT)

Teaches our youngest skiers (age 4-6) basic ski skills: skiing in a directed manner in a track, straight run in the tracks, getting up, snowplow and turning with a snowplow. The kids play lots of games and search for treasure each week.

Little Nords (LN)

Focuses on children age 6-9. Little Nords is broken into 3 groups. Group 1 is for 6-9 year olds who have not gone through Treasure Trails. They will learn Treasure Trails skills with an older group of kids. Group 2 are Little Nords who have moved up from TT or who already have TT skills. Group 2 works on better striding skills and strong downhill skills. Group 2 will begin skiing in the upper area towards the end of the season. Group 3 have completed a year of LN or come in with Group 2 skills. Group 3 will begin learning to skate and work on advanced downhill skills (stem-christies, parallel, and tele turns). Group 3 will often ski the upper area.

Freeheelers (FH)

Focuses on kids age 9-13. Freeheelers are broken into 3 groups. Group 1 is for kids, age 9-12, who are new to Nordic skiing. They will work on LN Group 2-3 skills. FH Group 2 is for kids who have moved up from LN Group



3 or already have strong downhill skills and can skate. Group 2 works on perfecting their striding and skating form. FH Group 3 is for the older Freeheelers and they work on perfecting their classic and skate skiing and will ski for longer distances. Group 3 begins to work on skiing at higher speed. Some kids in Group 3 may begin racing.

High Pros (HP)

High Pros are our 14 and old kids who are working on race level skiing. Kids in High Pros are not required to race, but many kids in High Pros do and sessions will focus on training for skiing fast and efficiently.



COMMUNITY NEWS & EVENTS

New Snow Dinner

Our Annual New Snow Dinner at Guye Cabin will be Saturday, December 12, 2009 at 6:00 p.m.

The New Snow Dinner is an annual event to welcome in the Winter Ski Season and encourage the white fluffy stuff to finally start to fall! This is one of the biggest events of the year at the Guye Cabin, the heart and the soul of the Washington Alpine Club!

Come up to our beautiful Guye Cabin for the day and play! Tour the Cabin. Inspect all the new projects done over the summer. Or just socialize, read a book, play chess, spent the day playing outdoors or just relax! Come early! Stay late! Spend the night! Spend the weekend! Bring your family, friends, and guests! Get signed off

to open and close the Cabin if you have fulfilled your volunteer commitment. As always, we are expecting a big turnout so make your plans now! You won't want to miss this one!

Gino and Kathy Amodei did prime Rib last year, and have volunteered again this year to do the main course! Last year they did Prime Rib and it was wonderful! We'll also have plenty of great food for vegetarians. We will eat promptly at 6 pm! Everything else will be specialty potluck. Please bring your very best side dishes of salads, appetizers, vegetables, deserts, or drinks. Dinner will be a 6 pm sharp!

We could use volunteers to help with setup, greeting folks, etc. After dinner we'll do a slide show, and have entertainment!

Okay, how much this time?? Once again, we are asking for a mere three dollar minimum donation each to cover the costs of the main course! That will be a lot of food and fun for three bucks!

Questions or need more information? Call Mike Mahanay at 206-931.4713 or email

Guye Cabin

We had over 100 people donate a day or more of their time this year at Guye Cabin. They installed new windows in the Dining Room and kitchen, refinished the Women's Dorm floor, installed insulation and trim, upgraded the electrical in the mens and family dorm, installed a new deluxe breaker box in the kitchen, cut, split and stacked firewood for the winter, completed

extensive cleanup outside, landscaped, trail work, yard work, transplanted 15 trees, dug out and recycled the old oil tank.

Thanks to each and every of you! The Cabin is better than ever and ready for the Winter Season! When you renew please purchase the Annual Cabin Fee option. You won't every have to worry

about writing a check when your visit the Cabin, and you'll be helping support the kind of work and upgrades we do each summer.

Don't forget the Snow Dinner on December 12! Go Gino!

Winter Events

WAC Fun Day - February 28

The winter games of the WAC, we have snowshoe and ski races on the WAC Trail System. Snacks and prizes. Fun for all kids and adults alike.

Vegetarian Potluck - March 6

Bring your best vegetarian dish for this annual winter tradition. Dinner at 6 pm after a day of fun in the snow.

Snoqualmie Loppet - March 14

A winter highlight! Come join the annual 35K "Citizen's Race" from Silver Fir to Cabin Creek. We ride the lift up as soon as they open, ski the Mount Catherine Loop, do the long flat Iron Horse, a short loop through the Troll Hagen, then a loop around Cabin Creek to the finish.

MEMBERSHIP

Its time to renew your membership!

Fall is the time to renew your membership in the WAC for another year. It is super easy to do! Just look yourself up in the members section to see when your membership expires, and send Kristin a check. Just go to this link, and scroll down to the renewal section: <http://www.wacweb.org/About/join.view>

We hope that you continue to support the Washington Alpine Club and take advantage of all the opportunities that membership offers. Please send your renewal to Kristin Kaupang at the address listed below.

E-mail: kekaupang@hotmail.com

Annual Dues (renewals)

	Regular	Senior	Out of State
Through Dec 2010	\$30	\$15	\$20
Through Dec 2011	\$60	\$25	\$35
Through Dec 2012	\$85	\$35	\$50
Through Dec 2013	\$115	\$45	\$65
Through Dec 2014	\$135	\$55	\$80

Please consider adding an additional gift to your membership renewal check. Your contribution will help us with scholarships and major upcoming cabin expenses including construction of the new parking lot. Thanks for supporting your club!

Please send your check today made out to "WAC", to:

Washington Alpine Club
c/o Kristin Kaupang
7712 14th Ave SW
Seattle, WA 98106

Cabin Fees

When renewing, members also have the opportunity to pay annual Guye Cabin fees in lieu of single day or overnight fees. These annual cabin fees are effective for the membership year.

Annual Cabin Dues

\$70.00 per person
\$100.00 for two people
\$120.00 for three or more family members (13 and older)

Is Your Contact Info Current?

You can check these things on the Washington Alpine Club website: www.wacweb.org. If your address or email address changes please let us know!

Moving?

Send change of address forms to:
Washington Alpine Club
PO Box 352
Seattle, WA 98111

Or email Dave Mitchell at:
dtmitch@mindspring.com

New Email Address?

To update your email address log on to www.wacweb.org. If you don't have an account, you can use the shared name and password:
User name: climbing
Password: climbon

Thanks:

George Snelling, Mike Garrison, Sim Larkin

COMMUNITY NEWS & EVENTS

Photos from the Annual Meeting



Wolf Haven International

Wolves have been confirmed in the Pasayten/Winthrop area, and even in Oregon. Word on the Pacific Crest Trail is that it won't be long until they are seen in the Central and South Cascades.

In Olympia's backyard is a nationally known and respected animal sanctuary – Wolf Haven International. Located just 16 miles south of downtown Olympia, Wolf Haven has rescued over 100 wolves during its 27 years in operation. Our sanctuary is home to many captive wolves who had no other place to go. The wolves are treated with great respect and are housed in the most natural environment possible. Over 20,000 people visit our wolf sanctuary each year.

There are various volunteer opportunities at Wolf Haven:

Tour Guides get an insider's view of the wolves and meet visitors from around the world. By giving tours, you help to dispel the myths and misunderstandings that many people still have about wolves. Training and materials are provided.

Grounds and gardening volunteers help beautify the 80 acres of the property. Get exercise, enjoy the fresh air, and work for a great cause all at the same time!



Special Events volunteers help with both fundraising and "friend raising" gatherings at the beautiful Wolf Haven grounds. Special events occur during summer and early fall, and volunteers help with art and crafts, education, organization, registration, food, and other areas.

Other volunteer jobs include short term office and community outreach projects.

We provide opportunities for learning about wolves and other animals in the Northwest, through exclusive volunteer classes and field trips.

Hear what one of our volunteers says about her experiences at Wolf Haven:

"To be a Wolf Haven volunteer makes me feel special. I am always in awe of these wonderful creatures when visiting the wolves. I think if you have been there, even just once.....you will remember. Robert Ghost Wolf says it best: When the Wolf walks by you – you will

remember". Ursula Davis, Wolf Haven volunteer since 2006

For more information, please contact the Volunteer Coordinator at Wolf Haven:

Cindy Irwin 360-264-4695 ext 222
cirwin@wolfhaven.org

Wolf Haven International
www.wolfhaven.org



From Joe Sambataro:

Rapping off Cynical Pinnacle in the South Platte area of Colorado. Indian Creek meets the South Platte: the face offers splitter cracks from 5.9 to 5.11 on impeccable granite.

If you are coming through Colorado, let me know if you want to rope up.

WASHINGTON ALPINE CLUB

WAC Volunteers Recognized

We would like to make a small gesture of thanks for all of your time and commitment to the Washington Alpine Club. The WAC was organized in 1893 by a dedicated group of volunteers to protect Mount Rainier. Many of us have been inspired and rewarded by great friends and unforgettable moments. Over 116 years after its formation, it continues on as an organization led by volunteers.

Johnny Mueller, thanks for your commitment to Guye Cabin over the years. Guye Cabin is a unique special place that has strongly resisted

both time and the elements. It is people like you that contribute what they can, that has allowed Guye Cabin to remain a special place 78 years after it was first constructed.

Kristin Kaupang, you've are integral part of the WAC and the contributions you have made as Membership Chair and Climbing Class Chair is nothing short of amazing. You make time for our wide variety of projects, and give 110% to each one. Most of all your good attitude and humor is infectious to all. We truly appreciate all you've done for the WAC!

Jeff Dietz, we appreciate all your help with the WAC Bulletin for the last year. You have taken our monthly newsletter and reinvented it into a first class publication. The Bulletin is vibrant and people look forward to receiving it each month. This is due to your efforts!

The Washington Alpine Club is made possible by all those who volunteer their time, experience, and friendship. We hope the WAC continues to give back to you the same inspiration you have given to all of us.



Washington Alpine Club
P.O. Box 352
Seattle, WA 98111

Address Correction Requested
Do Not Forward

FIRST CLASS

TO: