



# BULLETIN

## Telemark/Randonee Class *See Page 5*

January, 2008  
Volume 91, Issue 1



The Annual Snow Dinner was held Dec 15! Audrey Pitigliano cooked roast pork tenderloin with cranberry chutney. It was delicious! Everyone else brought a wide variety of delicious sides. Over 50 people attended the dinner. Dave Mitchell received a special Lifetime Achievement award for his years of service to our Club and Guye Cabin! Later, Chris Bridgeman entertained us with his soulful guitar and voice. We also had a fire outside in the snow, and a slide show. Thanks to Audrey, Dave, Chris and everyone who made this such a special and fun day!

**Yikes! If you have not renewed your Membership for 2008 do it now! See page 7**

Washington  
Alpine Club  
Po Box 352  
Seattle, WA 98101

### Get involved!

- *Cross Country classes at Summit East, Hyak*
- *Sign up for the WAC kids Nordic Program, page 4*
- *Sign up for the Climbing Class, Page 5*
- *Telemark Randonee Ski Class, Page 5*
- *Backcountry Class registration, Page 6*

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**WASHINGTON ALPINE CLUB**

Organized 1916      Incorporated 1923

MEMBER OF: Federation of Western Outdoor Clubs,  
Washington Trails Assn. Washington Environmental  
Council. Washington Wilderness Coalition.  
MidFORC Coalition

*The primary objective of this club is to encourage the healthful  
enjoyment of the great outdoors, to preserve its natural beauty  
and to promote good fellowship among all lovers of nature.*

PO Box 352 Seattle, WA 98111

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co-chairs      Doug Daniell 206-769-6570  
                         Kristin Kaupang

**Winter Division**

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Back Country      Jason Christensen 206.235.4539

**Property & Membership**

Cabin Chrman Bill Hooper 206.325.2851  
Work Party      Bill Hooper 206.325.2851  
Membership      Kristin Kaupang 206-251-8295

Publicity      Kay Ishi 206.528.5630  
Cabin Supply      Tami Sargent

**Public Relations**

Bulletin Editor Bill Hooper 206.325.2851  
Conservation      Mike Mahanay 206.933.6801  
Circulation      Dave Mitchell 425.235.1039  
By Laws      Dave Mitchell 425.235.1039

**MOVING ??-**

Send change of address forms to:  
Washington Alpine Club, PO Box 352  
Seattle, WA 98111

Or Dave Mitchell [dtmitch@mindspring.com](mailto:dtmitch@mindspring.com)**Looking Ahead! WAC Calendar**

January 01 > Winter Backcountry Class enrollment Begins  
January 09 > Telemark/Randonee Ski Class starts  
January 09 > Board Meeting  
January 12 > Kids Nordic Program Starts

February - March > Backcountry Class  
February 07 > Board Meeting (1 week early)  
February 23 > Hogg Loppet Ski Tour -  
Mission Ridge to Blewett Pass

March 12-14 > Michael Balise Group at Cabin  
March 13 > Board Meeting  
March - June > Basic Climbing Class

April 05/06 > Iron Horse Trail Bike ride to the Columbia River  
April 10 > Board Meeting  
April 22 > Olympic Beach Cleanup

May 04 > Bloomsday Run in Spokane  
May 17/18 > San Juan Island Bike Ride

**Join the WACLIST on Yahoo!**

If you want to get mail on the WAC email list, join the yahoo  
group at <http://groups.yahoo.com/group/waclist/>

Post message: [waclist@yahogroups.com](mailto:waclist@yahogroups.com)Subscribe: [waclist-subscribe@yahogroups.com](mailto:waclist-subscribe@yahogroups.com)

Important: You must be a current Member! We have to approve  
you before you can join. All we see is your email address unless  
you tell us more. Please put your name in the comment sec-  
tion. As much as we love you all, we haven't memorized your  
email addresses, and if we can't figure out who you are from  
your email address alone, then we'll deny your request. If this  
happens to you just apply to join the group again and in the com-  
ment section, tell us your name.

Does the WAC have your good email address?  
You can check these things on the WAC website.  
Please go to [www.washingtonalpineclub.org](http://www.washingtonalpineclub.org)  
If your address chances please let us know!

If you don't have an account on the [www.wacweb.org](http://www.wacweb.org) you can  
use the shared name and password:

User name: *climbing* Password: *climbon*

Thanks -George Snelling, Mike Garrison, Sim Larkin

# President's Corner January 2008

Once again 2007 went out on a high note with just about four feet of fresh powder since our Snow Dinner on December 15. The temperatures are cold which means excellent snow for all our winter activities. (While at the Cabin, help us shovel snow off the front and back stairs, away from the Fire stand pipe at the road, and smooth out the path from the parking)

We had a superb Snow Dinner! As usual we had about 60 people in attendance at the festivities! After a day playing in the snow, it was a great turnout, and a wonderful time. A beautiful day, with new snow, and time to meet new people, and see old friends! Thanks to Audrey Pitigliano for cooking up the pork roast for the main course!

**There is big news! We have ordered new mattresses for Guye Cabin! Some of the existing ones date to the 1930's. Our new ones will be 1.8 density foam, 5 inches thick, with SoFlux covers. These are the best camp mattresses available on the world market! They are shipping January 02, and will be delivered between January 10-15, most likely on a weekday. We'll need a team that can get off work or school on short notice to unload, carry them to the Cabin, and install them. We'll also need to carry out the heavy old mattresses and stack them for storage (or better yet) haul them off for disposal. We don't have the exact expected delivery date yet so stay tuned. We would like to have a minimum of 6-8 people, although we can't have too many! Please let me know.**

Have you renewed your membership for 2008? Please do it today as 2007 is over! Want to save all the trouble of writing a check every year? Renew for multi years! All the information you need is on Page 7 of this Bulletin.

If you are interested in any of the classes now is the time to sign up! The Junior Nordic, telemark/randonee, backcountry travel, and climbing classes are all taking applications right now.

The Telemark and Randonee Class, led by Jeff Wright, Jeff Knudson, and Randy Oakley will start on January 10. They have done an awesome job taking over the responsibilities of running the Class, and are making it look easy. They are expecting 50 people to improve their skills in the class this year.

Both the Backcountry, and Climbing Classes are now accepting applications. Jason Christensen is leading the Backcountry Class. Typically this class is comprised of skiers, and snowshoers, but they need people to help with the snowshoe portion. Contact Jason today to see what you can do to assist.

The Climbing Class is led by co-chairs Kristin, Doug, and Fred. All our classes expect to reach the maximum enrollment, and introduce new folks to the WAC.

Through lots of hard work by the Cabin team, Guye Cabin is in excellent shape and ready for lots of use over the winter. Folks are using it as a base to meet, play, rest, have a hot lunch, and spend weekends and vacations year round. There is almost always WAC members and their guests at the Cabin on the weekends. Do your part to keep the Cabin clean and running smoothly. Sign the Cabin Log, and pay your fee for you and your guests when you arrive, and introduce yourself to everyone. Help out by doing a chore or two, and haul recycles and trash home. See something that needs to be done? Go ahead and do it!

The Summit has done a great job of plowing our parking so far this winter. Don't forget to carpool, and if you bring guests, you might unload and shuttle extra cars over to the Summit hotel. Our We only have the spaces on our side in front of Guye Cabin south of the stand pipe, and we must leave plenty of room for the shuttle bus to pull completely off the road.

Be sure to wave and chat with Summit snowplow drivers, Summit Security, and



Sahalie folks when you see them. We only have parking for 7 cars on our side, if we need more we should park only at the North end of the Sahalie side. (Do not let the public park in our spaces.) Everyone will have to do their part to ensure our signs, cones, pylons, and tape are out in the parking area all day on the weekends and holidays. If you see them out of place, blown over, etc. please put them back where they should be.

Get out and embrace the winter! Journey up to the Cabin to meet the great people that make up the WAC and enjoy the fantastic snow and crisp winter weather!



Audrey, Chris, Milan, Ann, and Mike enjoy the winter campfire at the Snow Dinner. Thanks to Dave Mitchell for the photo.



## Last chance for Junior Nordic Program 2008 Registration!

Registration for the Junior Nordic Program (JNP) is now open. The registration form can be downloaded from the Junior Nordic Program website: <http://home.comcast.net/~karelzikan/JP>

The JNP is a progressive year-to-year program for Nordic skiing for kids starting at 4 year of age and going to high school. Each year, we help turn about 70 kids into budding Nordic and backcountry skiers. Information and a galley of pictures from last year can be found on the JNP website (above). Most of the JP instructors are from the WAC or SNC, and Eli Holmes is the Director of the Program.

This program is run through the Summit Nordic Center and all registration/payments goes through them. The Nordic Center provides a discount rental and ticket program in conjunction with the lessons.

### Dates

Treasure Trails session #1 (age 4-6)

January 12, 19, 26, February 2

Treasure Trails session #2 (age 4-6)

February 9, 23, March 1, 8

Little Nordis and Freeheelers (age 7 and up):

January 12, 19, 26, February 2, 9, 23, March 1, 8

### About the Program

\* **Treasure Trails (TT)**– Teaches our youngest skiers (age 4-6) basic ski skills: skiing in a directed manner in a track, straight run in the tracks, getting up, snowplow and turning with a snowplow.

\* **Little Nordis (LN)** – Focuses on children age 6-9. Little Nordis is broken into 3 groups. Group 1 is for 6-9 year olds who have not gone through Treasure Trails. They will learn Treasure Trails skills with an older group of kids. Group 2 are Little Nordis who have moved up from TT or who already have TT skills. Group 2 works on better striding skills and strong downhill skills. Group 2 will begin skiing in the upper area towards the end of the season. Group 3 have completed a year of LN or come in with Group 2 skills. Group 3 will begin learning to skate and work on advanced downhill skills.

\* **Freeheelers (FH)** – Focuses on kids age 9-13. Freeheelers are broken into 3 groups. Group 1 is for kids, age 9-12, who are new to Nordic skiing. They will work on LN Group 2-3 skills. FH Group2 is for kids who have moved up from LN Group 3 or already have strong downhill skills and can skate. Group 2 works on perfecting their striding and skating form. FH Group 3 is for the older Freeheelers and they work on perfecting their skiing.

**The Bulletin** is 100% online. The feedback from the Club regarding the new format has been overwhelmingly positive. This allows us to offer photos, color, more timely content, and save a lot of paper and trees. For those without email, with dial up connections, or with incompatible software we will continue to mail the Bulletin. Thanks to everyone for their patience!

### Skiing Climbing Hiking Biking Partners

Many folks are looking for skiing, hiking, biking, and climbing partners. The Yahoo Waclist is a very effective way of looking for someone on short notice. Participating in Club events is also an excellent way of making new friends and finding long term partners.

## 2008 Telemark & Randonee Ski Class Wed Nights!

Come join the oldest and largest telemark ski instruction program in the US. The program also has classes for Randonee / Alpine skiers. Develop your skills so you can enjoy the backcountry even more.

The WAC Wednesday night Telemark / Randonee program has classes for skiers of all abilities -- So if you've never skied before or if you've skied for years, this program will help you have more fun on the snow.

There are six sessions: Start on Wednesday January 9th 2008 through February 2008. Classes start at 7:30PM and end at 9:30PM. Classes are being held at Snoqualmie Pass West. Instruction is provided by professional ski instructors.

Don't delay -- sign up today -- registration closes any minute!

For more info:  
 email: [jeffwright98168@yahoo.com](mailto:jeffwright98168@yahoo.com)  
 phone: 206-244-7410  
 webpage: <http://www.wacweb.org/Classes/telemarkclass/default.view>



## Basic Climbing Class 2008

**The WAC's 2008 Basic Climbing Class is now accepting applications!**

The class provides a comprehensive, safe introduction to mountaineering in the northwest. Plus, ask anybody who's taken it -- it's a lot of fun! Visit <http://www.wacclass.org/> to learn more about the class and download the application. We will accept applications from now until January 15th. All applicants will be notified of their status by February 15th. In order to allow the most time for us to review your application and contact you for an interview, please apply soon!

If you know anybody that might be interested in taking the class, please let them know. Referrals from club members are a great source of candidates for the class. If they have any questions, they can contact the cochairs at [wacclass-cochairs@yahoogroups.com](mailto:wacclass-cochairs@yahoogroups.com).

A few other class notes:

\* We have changed our email lists for the class. Are you planning on instructing next year? Have you signed up for the new list? If you haven't, visit <http://groups.yahoo.com/group/wacclass-instructors/> and click "Join this Group." Allow a day or two for me to approve your request.

**Stay tuned for more about the class. We hope everybody has a great winter!**  
**Doug, Fred and Kristin—Basic Class Cochairs**

## WAC Activities!

Switzerland from Glibert Weidinger

<http://www.flickr.com/photos/95491150@N00/sets/72157602063959674/>

Switzerland from Uta Wolke

<http://www.flickr.com/photos/45647291@N00/sets/72157601612412908/>

Ice Climbing from Joe Sambataro

[http://isc.astro.cornell.edu/~don/pictures/v/friends/joe/joe\\_climbing/joe\\_ice07-08/PICT4406.JPG.html](http://isc.astro.cornell.edu/~don/pictures/v/friends/joe/joe_climbing/joe_ice07-08/PICT4406.JPG.html)



We have had cold temperatures for a while and the ice is starting to develop nicely.

Thanks to Joe Sambataro for sharing the photo!

## 2008 Backcountry Class Registration is open!

Feel free to contact Jason Christensen at 206 235 4539 or jason at jasonchristensen dot net if you have questions about our next class.

### Applications

Registration for the Backcountry Travel Class is open with a deadline of the last day of January. All applications postmarked by January 31st will be considered. 25 students will be chosen. All applicants will be contacted via email by 2/7/2008 as to whether they have been accepted or are on the waiting list for the class. The Class is available to skiers, both Alpine Touring (AKA, AT & Randonee) and Telemark; Snowshoers; and Snowboarders (splitboards are highly recommended, but snowboarders with snowshoes may also be accepted). Skiers & snowboarders should be at least of intermediate ability. This means the ability to stop, turn, and get down blue-square runs in a reasonable amount of time. The cost of the class is \$80.

### 2008 Class Schedule

Tuesday, February 19th, 7-9 PM, Prospect Church: Avalanche Lecture.  
 Friday Night - Sunday Night, February 22-24, Guye Cabin: Avalanche Weekend.  
 Tuesday, February 26th, 7-9 PM, Prospect Church: Routefinding Lecture.  
 Saturday, March 1st, All-Day Field Trip, Location TBD: Field Work.  
 Tuesday, March 4th, 7-9 PM, Prospect Church: Snow Camping Lecture.  
 Saturday Morning - Sunday Night, March 8-9, Location TBD: Field Work & Snowcamping.

### Instructors

Want to improve your backcountry skills while teaching and having fun? Please help teach the class!

If you have at least a Level 1 Avalanche certification and some experience in the backcountry please contact Jason Christensen at 206.235.4539 or by email at jason at jasonchristensen.net to participate.

Thanks for your help!

## Guye Cabin, winter parking procedures !

Sahalie has an easement on both sides, and allows us to park only on our side south of the fire hydrant, or the very far north end of their side. In the Winter, if you are the first arrival, put out the No Parking Signs, Pylons and yellow tape. We will have about 10 spaces on our side. Everyone needs to make sure the signs, cones, and tape are out each day. Everyone is responsible for our private parking. Do not allow the public to park in our area! (Direct sled-ders to the Iron Horse Trail Sno park)

We will park on our side only and only South of the A frame fire hydrant  
 We must put the signs out Friday evening, and return them Sunday afternoon.  
 The area in front of the A frame fire hydrant, and North must be kept clear for the Summit shuttle bus.  
 If we need more spaces we must park at the far North end of Sahalie side only.

All WAC cars and guests must have decal or parking pass displayed  
 Bringing a group? Consider shuttling some of the cars over to the Summit.  
 Friday morning the Summit will plow, so we must have the area cleared at that time.  
 Everyone must be aware of the procedures  
 Everyone must help monitor and police the parking

Park only on the WAC side of the road or the far North end of the Sahalie side!  
 Put the signs, cones up on the porch on Sunday afternoon.

## Haven't renewed your membership yet? Uh oh!

***Come December 31, 2007 your WAC membership will expire! Don't let that happen. Renew today!***

We hope that you continue to support the Washington Alpine Club and take advantage of all the opportunities that membership offers. Please send your renewal today to Kristin Kaupang at the address listed below.

### Annual Dues (renewals)

	Regular	Senior	out of state
Through Dec 2008	30.00	15.00	20.00
Through Dec 2009	60.00	25.00	35.00
Through Dec 2010	85.00	35.00	50.00
Through Dec 2011	115.00	45.00	65.00
Through Dec 2012	135.00	55.00	80.00

### Cabin Fees

When renewing, members also have the opportunity to pay annual Guye Cabin fees in lieu of single day or overnight fees.  
 These annual cabin fees are effective for the membership year. Support Guye Cabin!

Annual Cabin Dues \$70.00 per person  
 \$100.00 for two people  
 \$120.00 for three or more family members (13 and older)

Please consider adding an additional gift to your membership renewal check. Your contribution will help us with scholarships and major upcoming cabin expenses including construction of the new parking lot. Thanks for supporting your club!

**Please send your check made out to "WAC", to:**

**Washington Alpine Club  
 c/o Kristin Kaupang  
 7712 14th Ave SW  
 Seattle, WA 98106**

If you need to update your member contact information, you may do it online at [www.wacweb.org](http://www.wacweb.org)



**NOSTALGIA**  
*from Bill Hooper*

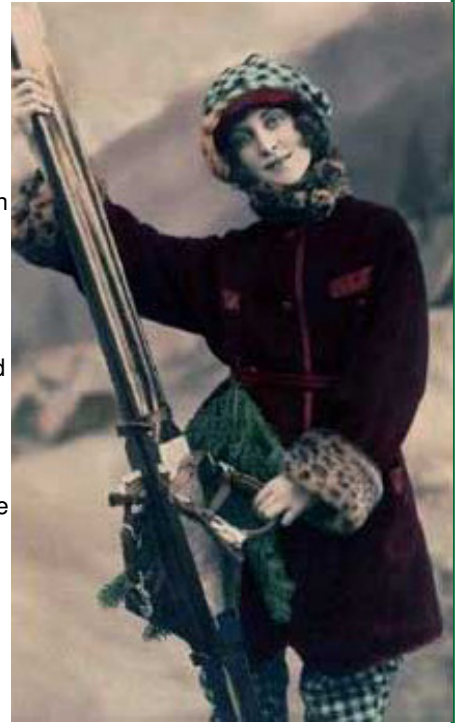
From the 1932 Time Capsule:

The cabin will be known as Guye Cabin due to its proximity to Guye Peak. It is owned by ye Washington Alpine Club of Seattle.

"A variegated group of bathers, card sharks, lounge lizards, cats, mountain climbers and skiers, whose chief articles of diet included hotcakes, mush, apple-fritters (ala Nelson) , whole-wheat logs, "

Electricity has as yet not made its advent into these here wilds, but we hope it finds its way in before long.

K.L. Williams 1st Cabin Chairman  
 Elias Nelson Club Chef  
 Harry Loners Architect



The Washington Alpine Club  
 PO Box 352  
 Seattle WA 9811

**First Class**

Address Correction Requested  
Do not forward

To: