

PLEASE WELCOME THE FOLLOWING NEW MEMBERS

NEWMEMBERS!

Daniel Collins
John Hughes
David Rangel

Washington Alpine Club



Aug 2005

Vol. 87 No. 8

BULLETIN

BOARD MEETING

No board meeting this month

LOOKING AHEAD

Aug	11	Board Meeting
	20	Old Timers Reunion
Sept	03/05	Sargent Group Guye Cabin
	08	Board Meeting
	10/11	ICO at Guye Cabin
	24/25	Sargent Group Guye Cabin
Oct	01/02	Rosemary's Group Guye Cabin
	16	Annual Meeting
Nov	05/06	MOFA at Guye Cabin
	11	Annual Banquet
Dec	10	New Snow Dinner

AMONG OURSELVES

Stacy and Randy Earlywine are proud to announce the birth of the newest little WAC'er. Bodhi Col Earlywine was born on July 9th at 7:24 AM. Mom, Dad and baby are all doing well and are currently enjoying Bodhi's first road trip. The Earlywine's hope to spark an adventuresome spirit in their little one and are spending 2 months driving back to the east coast via the Trans Canada Highway. Bodhi already has his very own climbing harness and Mom is hoping he will do some cragging with her while

Dad climbs the Grand Teton in September.

PRESIDENT'S CORNER

This month we finally got into a long spell of warm dry weather and folks have been out everywhere, including the high country. Pat O'Brien, with George Snelling submitted one of the big prizes of the North Cascades- Jack Mountain! Jack has a long approach, bad loose rock, and is considered one of the most difficult and downright nasty of the big mountains. Pat and George deserve a bunch of pats on the back for this one! Besides the peaks, WAC members have been down the Columbia River, ridden the Seattle to Portland and other bike rides. A few are even still finding places to strap on their skis! Imagine that?

Our work parties have been very successful. By special request we will have one final summer work party on August 13. This encore work party will see us finish up a lot of little things, clean, split wood, and complete the outside stairs. Everyone has been working hard to spruce up and fix many little things at the Cabin. We even have some new trees growing in select areas. There is an ongoing effort to improve the ambience of the cabin while retaining the rustic feel of 1932. Guye Cabin is a special place,

WASHINGTON ALPINE CLUB
PO Box 352
Seattle, WA. 98111
Address Correction Requested
DONOTFORWARD

FIRST
CLASS

WASHINGTON ALPINE CLUB
 Organized 1916 Incorporated 1923
 MEMBER OF: Federation of Western
 Outdoor Clubs, Washington Trails Assn.
 Washington Environmental Council.
 Washington Wilderness
 Coalition.MidFORC Coalition
*The primary objective of this club is to
 encourage the healthful enjoyment of
 the great outdoors, to preserve its
 natural beauty and to promote good
 fellowship among all lovers of nature.*
PO Box 352 Seattle Wa. 98111
206-467-3042
WAC Home page:
 www.washingtonalpineclub.org

Board Of Trustees

President	Mike Mahanay	206.933.6801
1 st V P	Pat O'Brien	206.527.6881
2nd V P	Dave Mitchell	425.235.1039
Treasurer	Doerte Mahanay	206.933.6801
Secretary	Ann Herrick	206.409.1094
Ex-Officio Pres		

Junior Officers

President Elect	John Sargent	360.377.3217
Jr 1 st V P		
Jr 2nd V P	Les Sargent	360.479.7675
Jr Treasurer	Ira Rushwald	206.725.2725
Jr Secretary	Ronda Jalili	425.442.7821

Alpine Division

Climbing Class	Pat O'Brien	206.527.6881
----------------	-------------	--------------

Winter Division

Telemarking	Pete Bustanoby	425.237.1978
Back Country Skiing	Pete Alderson	206.409.9657

Property & Membership

Cabin Chmn	Bill Hooper	206.325.2851
Work Party	Bill Hooper	206.325.2851
Member processing		
	Lynne Miller	206.789.8093
Publicity	Kay Ishi	206.528.5630
Cabin Supply	Tami Sargent	

Public Relations

Bulletin Editor	Bill Hooper	206.325.2851
FWOC	Mike Mahanay	206.933.6801
Circulation	Dave Mitchell	425.235.1039
By Laws	Dave Mitchell	425.235.1039

Special Activities

Special advisor	Bill Hooper	206.325.2851
-----------------	-------------	--------------

Do you plan to move?
 Send change of address forms to:
 Washington Alpine Club
 PO Box 352
 Seattle, WA 98111

loaded with memories and fun. It deserves to be treated with respect and love.

Mary Jane Steel is once again hosting Old timer's reunion at Guye Cabin on Saturday August 20. This is a great opportunity for long-time members to get together and reminisce about the WAC in times past, or see what Guye Cabin looks like these days. This is good time for everyone in the Club to stop by, say hi, and look around.

Regarding the parking, we are waiting on our good neighbors, Sahalie to get back to us.

Todd Gits and Andrew Toyota are co-chairing this year's Intermediate Climbing Class in September and October. The class will include four weekends, including one ice climbing at the Coleman Glacier and two rock climbing in Leavenworth.

Don't forget about the Annual Meeting in October 16, and the Annual Banquet in November 11! We also have a Mountain Oriented First Aid Class on slate for the end of October.

The WAC offers many opportunities to meet great folks and get involved in worthwhile projects. Whether you like to practice your leadership skills, teach kids, or enjoy our Cabin, the WAC has a place for you! Mike

MEMBERSHIP RENEWAL

Good grief! If you have not renewed yet, you must do so right away! If you let your membership lapse you'll have to rejoin, and pay another \$15 initiation fee. Although we can sure use the money, we'd rather you renew now, so Lynne can get out with the family and pick some blueberries and dream of the wonderful snow year ahead.

The membership year has ended! You have the renewal notice.

Please send in your 2006 renewal to our excellent Membership Chair Lynne Miller! Membership is still an incredible super bargain at \$30 per person! (Those other guys? \$61 a year!)

Want to support Guye Cabin? Send in your Cabin Fees for the year at the same time!

For the entire year Guye Cabin is only \$70.00 per person, \$100.00 for two, or \$120.00 for three or more family members (13 and older). Kids under 13 are always free! This is a great way to not have to worry about sending in your fee every weekend to the WAC Treasurer. Plus the added benefit of knowing that YOU are helping to support Guye Cabin!

Please send in an extra donation to the WAC! It will help with the Guye Cabin restoration projects and the creation of the off street winter parking area! We need your support! Just make a visit to Guye Cabin and you will be surprised what you see!

Washington Alpine Club
 c/o Lynne Miller
 3040 NW 57th Street
 Seattle, WA 98107

Want to get signed off to Open and Close Guye Cabin? - It's easy! Just volunteer at least one day in the WAC? Help instruct one of the classes, serve on the Board or as a Chair, or, come up for a day at a Cabin work party! There is always something for everyone to do. Even kids! We'll have a sign off day at the annual meeting. WAC Website - www.washintonalpineclub.org is the place to go to find out what is going on in the Club, trip reports, announcements, dates, etc. Please bookmark the page and go back often.

Proposed Membership changes - A membership committee composed of Mike Mahanay, Lynne Miller, and Doerte Mahanay, after exhaustive research, proposed the following changes to the WAC Bylaws to take

effect January 01, 2006. At the June 2005 Board meeting, after email input from several members, the Board approved a resolution approving the proposed changes, and moving them forward to the Annual Meeting agenda. These changes to the WAC Bylaws would take effect October 16, 2005.

- Eliminate the half year membership entirely.
- Change the membership year to Jan 01 to Dec 31.

Anyone joining beginning October 16 would have the benefits of membership for the entire calendar year of 2006. (and remaining 2005). Renewal time would then run end Oct- Dec 15 for the next year.

This change to calendar year would greatly reduce the workload of the membership Chair, and Treasurer, as well as eliminate confusion as to just what the membership year is, and end the need to sign up for a half year at the last second in order to take the classes, and then renew a few months later.

The Cabin year would also change to Jan 01 to Dec 31.

For existing members, in June of 2006 we would ask that their renewal fee be prorated 30+15 = 45 to carry them over to December 31 2007.

This requires a change to Schedule A in the Bylaws. This must be done at the Annual Meeting October 16 by a vote of the membership.

WAC Annual Club Meeting - Oct. 16, Sunday at Guye Cabin! (always the third Sunday)

Open House at 10:00 AM, Potluck at 1:00 PM, Meeting at 3:00 PM. The food competition is intense so start planning now!

Help vote the new Board of Directors into office. Do you have ideas or suggestions for the Club? This is a great time to bring them up! We will also hear the various commit-

tee reports. This is also a good time to tour the Cabin, get signed off to open and close, and do that repair you have been thinking about all year. Lots of folks will want to come up just to see what has been going on at Guye Cabin!

Annual Installation Dinner Nov 11th - Friday, 7:00 PM at the historic Odd Fellows Lodge at 1706 NW Market Street in Ballard. The WAC has been well known for 87 years for making great fun and the Installation Dinner is a great example! As last year it will be potluck, so bring your best specialty! After dinner we'll have a slide show of trips, the cabin, and who knows! Start putting your 5 slides together, or put them on a CD. The Odd Fellows Lodge has a nice kitchen, and limited parking next door. We will wrap up about 9:30 pm. MapQuest Directions are on the WAC website. More details to follow. If you would like to volunteer to help with setup, breakdown, decorations, entertainment, or have historic slides, or stories of the cabin or club to share please call Mike Mahanay at 206-933-6801. Plan for an evening of fun, meeting old friends, and making some new friends!

Board Opportunities - People have been stepping up to participate in the Board! Only one position left! Junior Treasurer.

Are you interested in developing your leadership skills? Learn to work as a team and get things done? No experience necessary. Help direct the Washington Alpine Club into the 21st Century.

Please contact Doerte or Ira Mountain Oriented First Aid Course - Be prepared to assist your ski companions or hiking and climbing partners in an emergency by taking the fall 2005 edition of the MOFA Mountaineering First Aid Course!

Spend two weekends reviewing learning how to identify serious

medical conditions in time to perform life-saving first aid. You will review American Red Cross Standard First Aid and practice techniques to manage conditions such as orthopedic trauma, thermal injury, and physiologic deterioration due to high altitude. A rational approach to the evacuation of one or more injured persons is addressed both in the classroom and in field scenarios. MOFA certification is awarded on completion of the course.

This year, the basic two-weekend MOFA course will be held on October 29/30 and November 05/06. The cost, which includes books, supplies, and lodging for the second weekend at Guye Cabin is not determined yet. Sign up will begin in Sept and will be first come, first serve. MOFA refresher courses are available through the Seattle Mountaineers. MOFA Instructor courses are also available through the American Red Cross and are encouraged to those interested in helping teach these useful courses.

For more detailed information about enrollment in the basic course itself, please see the WAC website. The WAC contact is Mike Mahanay at mike@grandcanyontreks.org Mike

SNOQUALMIE PASS AREA HIKES

Some of the more popular hikes and trails that most everyone can do include:

Rachel Lake. 8 Miles round trip; 1600' elevation gain; Mid-July thru October, high point, 4650 feet.

Alaska Lake. 11 miles round trip; 1600' elevation gain; Mid-July thru September; high point 4200 feet.

Kendall Katwalk. 10-1/2 miles round trip; 2700' elevation gain; Mid-July thru Mid-October; high point 5400 feet.

Red Pass. 10 miles round trip; 2700' elevation gain; Mid-July thru October; high point 5400 feet.

Snow Lake. 7 miles round trip; 1300' elevation gain; July thru October; high point 4400 feet.

Melakwa Lake. 9 miles round trip. 2300' elevation gain; Mid-July thru October; high point 4909 feet.

Snoqualmie Tunnel. The tracks are gone, but the railroad's right-of-way forms part of the popular 113-mile Iron Horse Trail, which is managed by the Washington State Parks and Recreation Commission.

WAC STP BIKE TEAM

Who would of known it, but the WAC has quite a large group of bike riders. John Sargent has been leading trips on the Iron Horse trail, Yakima Canyon and others. These have all been great fun, and brought many opportunities to make some new friends.

The Seattle to Portland Bicycle Ride, held on July 09/10 is the largest multi-day ride in the Northwest. Over 8,000 riders make the 210-mile trek! The route, carefully marked with directional arrows, leads riders through the scenic valleys, forests and farmlands of western Washington and Oregon. Some folks have even covered the ride in one day!

WAC members seen on the ride included John Sargent, leading a team that included Elden Altizer and Mike Mahanay, Other seen in draft lines during the days included Dana Cook, Rhonda Jalali, Charlie Cornish, and the old WAC pro Jonathan Pryce doing his 8th (or is it 9th?) Jonathan must of started riding the STP when he was a young lad!

Food was included at midday rest stops interspersed with community-supported mini-stops where quick energy was had. The sponsors provided mechanical and medical support for rider safety and enjoyment.

Who else was on the road?

73% were male and 27% were female.

* One-day riders: 21%; two-day riders: 79%

* Riders came from 38 states, primarily

WA, OR, CA and ID.

* Riders came from six foreign countries Canada, Australia, Brazil, Japan, Switzerland, and Denmark.

* It was the first STP for 51% of the riders. Over 200 riders have done STP more than 10 times.

* The oldest rider was 81 and the youngest registered rider was 4!

Route Statistics

* Total distance (miles) 202.25

* Uphill distance (miles) 30.87

* Uphill altitude (feet) 1,951

* Maximum altitude (feet) 463

There are so many WAC road bikers out there that some have suggested we create a WAC jersey! Going biking? Put the word out! Mike

WSDOT IMPROVEMENTS TO I-90
WSDOT is expanding I-90 east of Snoqualmie Pass to meet both the current and future needs of citizens of Washington State. By reducing avalanche danger and delays, improving safety, replacing deteriorating pavement, raising low clearance bridges, easing congested traffic and improving the ability of wildlife to safely cross I-90, WSDOT will ensure that I-90 continues to meet future needs.

This project will improve I-90 to provide a safer, more efficient six-lane freeway from Hyak to Easton. Minimal avalanche closures and reduced rockfall hazards will result from the use of tunnels and/or mitigation measures. New pavement will provide a smoother ride. The public should also enjoy a safer drive due to stabilized slopes and a realigned roadway. Wildlife will also cross I-90 safely, with the installation

of new bridges and culverts. Overall, I-90 will be a safer and more reliable route to travel on between Western and Eastern Washington.

When we lay down a long, wide stretch of highway through an area rife with wildlife, we need to provide places for the animals to cross it where they won't endanger the human traffic whizzing by. It's one of those things that is so obviously a good idea that it's a wonder we haven't been doing it all along.

Whatever the final plan, it should include a system of safe passageways for wildlife to connect the north and south Cascades. It would allow better movement of animal populations so they can have broader feeding areas and broaden their genetic stocks to make them less vulnerable to disease. And, of course, it would make the highway safer for humans. Hitting a deer or elk can be deadly. Perhaps even more hazardous are vehicles maneuvering to miss animals in the roadway. Mike

JACK MOUNTAIN, EAST RIDGE

Carolyn Cuppage, Pat, and I finally climbed Jack last week via the East Ridge. We originally planned a rematch with the Mox, but as the forecast deteriorated, threatening day 2 of our 4-day window, we switch opponents.

This was Pat's and my third go at Jack, and as the approach is hard on old knees, we skipped the Jerry Lakes trouts this time; the goal was to climb the damn thing. Going Roupp / Toyota style, we brought bivys, a megamid, and that freeze-dried gunk labeled food. We even shared a single coffee press, and if that's not Extreme Chossism I don't know what is.

The whether folks predicted ickiness on days 1 and 2 and a nice solid high on days 3 and 4, and for once they were right. We camped at the trail head and were moving early

on day 1. It started raining shortly after we reached Crater Lake. I wanted to push on through the rain to the Crater / Jack col, but Pat, older and wiser, had a superior plan: napping. So up went the mid, down came the rain, and out went the climbers. The drips slacked a few hours later, we stretched and scratched and headed up in the fog, quickly losing our way traversing to the col. We corrected course after a very puzzling look at the compass, and accidentally stumbled right onto the col bivy site. We knew a bad blow was coming back, so we anchored our little tarp with appliance-sized boulders and climbed in for the night.

The rain blew all night and all morning, and as napping had paid off before, we gritted our teeth and resolved to nap on, un-slugging only to add and subtract coffee. The wind died down at 4 PM on day 2, and we packed up and traversed Jerry glacier, bypassing the descent into Jerry Lakes via a thin but solid class 4 pitch up a rock band above the ice. Two miles and a few thousand vertical feet of pleasant off-trail rambling brought us to a nice site at the foot of Jack's Southeast ridge. The mosquitoes were delighted with our choice of shelter, and word spread quickly that supper had arrived.

Sometime in the night the promised high blew through revealing the Milky Way up close and personal. Day 3 dawned crisp and clear. We were rested, fed, and in the right place at the right time. No excuses for not climbing Jack today.

The East Ridge has the best rock on the mountain. Unfortunately this is not saying much. "Generally excellent rock on the ridge." says Fred. Horse hockey. The East Ridge is a continuous 1600-foot class 4 scramble, and on reading that sentence, one might presume that he

means, "The East Ridge *is composed of* generally excellent rock." This is not true. What he means is, "You will find a few short patches of generally excellent rock on the east ridge, scattered between long runs of very loose stacked rocks, which may or may not hold body weight at the whim of forces that will be entirely undecipherable to the person possessing the body in question." If the rock were solid this would be an unbelievably fun climb, sustained, movey, and with great exposure. But the looseness of the rock on most of the route makes it unnerving, as you make every move anticipating that one of your three contact points may release at any time.

And of course, there're your damn partners to worry about, kicking off rocks on your head. Fortunately (and somewhat perversely, I admit), all three of us are pretty good at this kind of crappy travel by now, and no one dislodged a single partner-clocker the whole day. We carried a light 60M rope and small rack, but never unpacked them on the way up, mainly because the few decent anchor points didn't line up with the tough sections.

We topped out at 11am to big, big views. The register revealed that we were the first party up this year, and that only 4 parties summited all last year, all by the South Face. Peggy Goldman, author of the scrambles book and one of the new guides to the 100 highest, saved Jack for 99th place. I understand why.

Most parties climb and descend by the south face, which is big and offers many route options. Having never been there, we chose badly. While traversing the summit ridge from east to west, we descended too early, and slowly but inexorably cliffed out after mixed steep snow and choss. The easiest way up and down

the South face appears to be as far to the West as possible. The rope earned its weight as we rigged a rap on a big leaning boulder to descend the last pitch. With the Mounties Sharkfin accident fresh in our minds, Carolyn and I unclipped from the rap anchor before Pat, owner of the party's fattest ass, weighted it. Obviously, since I'm writing this, the rock stayed put.

Mentally exhausted after 11 hours of extremely precise limb placement, I made a stupid mistake once we'd made easier ground, rolled my foot on a sticky rock that I expected to surf, and torqued my ankle. If it weren't for the white hot pain I would have enjoyed the very exciting popping sound. On one hand I was really pissed at myself for screwing up that close to the tent. On the other hand I was grateful I hadn't screwed up higher, where the consequences would have been more expensive.

Pat and Carolyn rolled and I hobbled into camp around 6. We fed bugs and slept. Pat, God bless him, hauled up a little bourbon, and a nip or two, plus 10 hours sleep, healed my ankle enough to move at a reasonable pace. Day 4 my partners took stuff from my pack, and we descended.

While Jack can be climbed in 3 days without too much trouble, stretching it to 4 is much more pleasurable, as the summit day is always likely to be long, and it's nice to hit it fresh and to make all those tricky route decisions without time pressure. Bring hard hats, ice axes, and crampons. Rap rope is optional if you stay on route. Leave behind the lead rack and rock shoes.

Pictures: <http://www.georgesnelling.net/showpic.php?gal=pictures/climb/2005/Jack> George Snelling